

OPINION

Quarterly Newsletter of LNJ Bhilwara Group



PROUD TO BE INDIAN
PRIVILEGED TO BE GLOBAL

Volume XXV | Issue 1 | April-June, 2019

message from group's chairman 01



The Indian economy continues to face challenging times with the slowdown not showing any signs of abatement. The economy has been hurt by sluggish private consumption with new investments reducing to a trickle.

[Read more >>](#)

group happenings 02



Shri Riju Jhunjhunwala, MD, RSWM Ltd. visited Kharigram unit on 28th May, 2019. In Kharigram, Shri Rajeev Jain, Business Head - YB, Shri Manoj Sharma, CHRO, Shri VR Joshi, COO welcomed him.

[Read more >>](#)

learning and development 05



A tier II Mock drill on earthquake safety measures and rescue operations was organized on June 25, 2019 to check the emergency preparedness, planning and response of the ADHPL employees & associated stakeholders.

[Read more >>](#)

celebrations and festivals 08



The World Environment Day was celebrated on 5th June, 2019 at HEG, Mandideep unit with much enthusiasm among all the employees.

[Read more >>](#)

corporate social responsibility 15



Global Parli was conceptualized to improve the situation in Parli Taluka of the drought-prone region of Marathwada and transform worst affected villages.

[Read more >>](#)

achievements 18



In recognition of its efforts for promoting environmental conservation, AD Hydro Power Ltd. was conferred with "HP Environment Leadership Award".

[Read more >>](#)

a healthy you 17



Beverages
Beneficial
for your
Health

welcome and adieu 20





editorial

Editor-in-Chief:

Sudhir Sood

Copy Editor:

U. Padma Latha

Editorial Board:

O. P. Ajmera

S.C. Garg

Manish Gulati

Rakesh Mahajan

Sanjay Sharma

Mohit Maheshwari

Jyoti Gupta



good read

**Dare to Lead by Brené Brown**

Dare to Lead, authored by Brené Brown, explains why leadership is not only about titles, status, and wielding power. The book points out that a leader is one who takes the responsibility for recognizing the potential in people and ideas, and has the intent and courage to develop that potential. The author, a renowned TED speaker, has written this book after extensive interactions with 150 global C-suite executives.

A daring leadership, according to the author, requires skill-building around traits that are deeply and uniquely human. Some of Brown's observations are very interesting. She says that courage and vulnerability always go together, adding truly daring leaders are always prepared to be vulnerable and listen without interrupting.

Dear Friends,

It gives me immense pleasure in sharing with you the new issue of Opinion, the quarterly newsletter, consisting of articles showcasing various activities undertaken by the employees of the LNJ Group from different plants spread across India.



As you know, the Indian economy is passing through trying times with many sectors showing signs of a slowdown and our group is not untouched from the repercussions of the economic downturn. Both the textile and GE industries are facing challenges arising out of both domestic as well as global factors. The rising trade tensions between the US and China have further added to the woes of the industry players.

However, I am delighted to see the passion and energy of our employees who are taking out time from their busy schedule to undertake cultural and other activities that not only showcase the positive traits of their overall personality but also throw light on the unexplored talent of their kids and other family members.

This newsletter encapsulates glimpses of all such activities- from school news to sports and cultural programmes- that play a crucial role in building social relations among our employees leading to better understanding and unity among them.

We, at LNJ Group, understand that such activities help create a more productive workplace culture by paying attention to the health and well-being of the employees. For us, employee well-being constitutes a core value that infuses our policies, leadership traits and evaluation of our leaders and managers. I can assure you that all actions aimed at improving employee well-being will be recognized and rewarded.

We'll continue with our endeavour to make the content of the newsletter more and more interesting for you. Therefore, do stay tuned and keep sharing your feedback to further improve content designing.

All the best!

Sudhir Sood

**SAY NO****SINGLE USE PLASTIC**

Message from group's Chairman

Dear All,

The Indian economy continues to face challenging times with the slowdown not showing any signs of abatement. The economy has been hurt by sluggish private consumption with new investments reducing to a trickle. The global slowdown and escalating trade tensions between US and China have also contributed to the economic downturn.



The global economy is showing signs of acute weakness and some of the leading financial agencies have warned of an impending worldwide recession. The major threat to the world economy, according to these agencies, comes from the escalating trade tensions between the US and China, the two largest economies of the world. UK's economy is also facing challenges as its second-quarter GDP contracted because of uncertainty owing to Brexit. A threat of recession is also hanging over European economies. As far as India is concerned, the threat of recession is not imminent. However, the Indian government and other policymakers cannot afford to be complacent.

Textile industry staring at a crisis

The textile industry is not untouched from the economic slowdown that the country is presently passing through. The steep decline in cotton yarn export, high raw material cost, lack of skilled labour, poor demand in the domestic market are the factors affecting the textile units.

China has been the main market for Indian yarn exports. However, things changed after China gave duty-free access to Pakistan in April this year. Bangladesh and Vietnam were already given duty-free access by China. As a consequence, cotton yarn exports in June this year was the lowest in the last five years. Over 25% increase in Minimum Support Price (MSP) for cotton farmers has made Indian yarn among the most expensive in the world leading to a further decline in exports. Clearly, the textile industry is presently staring at an existential crisis. Under these circumstances, it is imperative for the central and state governments to take corrective measures such as rebating agricultural cess, mandi tax, power and fuel surcharge etc. in order to extend helping hand to the textile industry.

Economic slowdown hits Graphite Electrodes (GE) industry

The overall economic slowdown has adversely impacted Graphite Electrodes (GE) industry in India which was already under tremendous stress after India ended anti-dumping duties on GE import from China in September 2018. The growth of the GE industry depends heavily on the performance of the steel industry which has been hit by the general economic downturn that negatively affected its major customers from automotive, construction, appliance, machinery, equipment and transportation industries.

Amid falling GE prices, Indian GE manufacturers are facing another challenge arising out of rising needle coke costs. Any upward trend in the needle coke costs has the potential of negatively affecting the margin profile of the industry players.

Way Ahead

Despite all these challenges, I'm confident that the LNJ Bhilwara Group has the strength and competence to deliver targets and desired results under trying circumstances. Our combined efforts, dedication, determination, single-minded approach and belief in our abilities can override all the roadblocks in our way. Together we can and we will achieve our common goals.

With best wishes,

Ravi Jhunjhunwala

MD's Visit

Shri Riju Jhunjhunwala, MD, RSWM Ltd. visited Kharigram unit on 28th May, 2019. In Kharigram, Shri Rajeev Jain, Business Head - YB, Shri Manoj Sharma, CHRO, Shri VR Joshi, COO welcomed him. During his visit, he visited Grey & Dyed units and SJ-11 area to check the overall developments and also inspected the machines. A meeting was also organized with core team members of Kharigram unit & Shri Riju Jhunjhunwala interacted with all the staff members and motivated them to put in combined efforts, determination, passion and sincerity in their work so that RSWM Ltd. will become an industry leader in the market with respect to the future scenario.

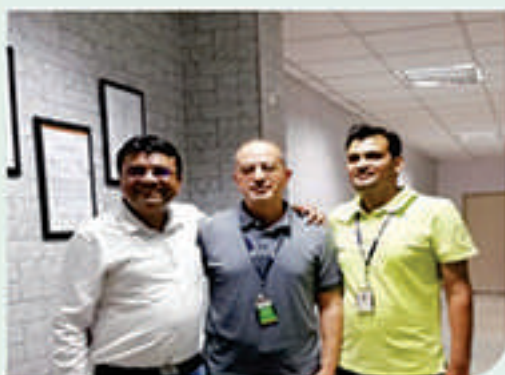


Visit of M/s Farrahi Carpet Co, Iran

Mr. Ali Farrahi (Owner) and Dr. Khashayar Shojai (R&D Person) visited Kharigram unit on 19th April, 2018. Mr. V R Joshi, COO & Mr. Sandeep Rohilla, DGM-NPD welcomed them. They visited dyed and grey units including SJ-11 unit. They were very happy with our hospitality, modern setup and commented "Everything is well organised & Excellent setup".

International Brand Customer Visit

On 12th June 2019, Ms. Rakhi Vashisth & Mr. Sahil Sharma from Kontoor visited LNJ Denim unit. Shri Suketu Shah – Chief Executive/Business Head welcomed them and were taken through the Denim facility to get them understand the entire denim manufacturing process. The clients from Kontoor appreciated the facilities of the Denim unit and were very impressed by seeing various new innovative products and loved the working environment.



Customer visit from Cintas USA

On 2nd April, 2019, Mr. Samir Oueslati from Cintas, USA visited our LNJ Denim unit. Shri Piyush Chandarana, COO welcomed him and were taken through the Denim facility to get him understand the entire denim process. The client appreciated the latest facilities and products of the unit and he was very much impressed by seeing various new products and great working environment.



Mandpam



One Day Picnic

The Staff Club, Melange, organised a one day picnic for the staff and their families to Fun City Water Park, Bhilwara in two batches on 17th and 24th June, 2019. All the staff members with their families enjoyed themselves during this beautiful trip. A delicious breakfast and lunch was also organised for all of them. Everyone was really happy and feeling refreshed with their loved ones during this outing.

Rishabhdev

Fourth Quarter Performance Review

The department wise performance of Rishabhdev unit for the fourth quarter (January-March, 2019) was reviewed through power point presentation on 22nd & 23rd April, 2019. HODs of all the departments presented the data related to individual departments. While summing up the two-day presentation, the COO in his address emphasized the need for reducing the operating cost and thereby reduce the losses which is a matter of concern. Keeping this in mind, a new concept 'Sahyog-2019' has been introduced for year 2019-20 and 11 teams have been formed. They have started working to achieve the goal and to improve the performance of the unit.



New Staff Club Committee

The new Executive Committee for Staff Club for year 2019-20 for RSWM, Rishabhdev was officially declared at a function held on 8th May, 2019. Members took oath of office and committed themselves for performing with best of his/her ability for better performance of the Club for the year 2019-20. Shri K B Khatod, COO conveyed best wishes to the new committee members. The programme ended with a delicious dinner.

Lodha



Sakora Distribution

The Utsav Foundation, Banswara is a very renowned NGO working in Banswara District. They approached the RSWM management to distribute the water pot (Sakora), to the staff and workers. During summer the birds and other flora and fauna find it very difficult to have drinking water. To provide them drinking water facility this initiative was taken jointly. More than 75 staff members received the water pots to hang at their houses.



Energy Conservation Cell Meeting

Followed by Energy conservation week, Ringas Spinning unit conducted Energy Conservation Cell meeting on 3rd April, 2019. During the meeting, various energy conservation measures like - use of compressed air, minimization of idle spindles, use of condensate water, various measures for conservation of water were discussed. Shri K.B.Khatod, COO, Rishabhdev headed the meeting and Shri Avinash Bhargava, COO of Ringas unit during vote of thanks explained in detail how they identified many potential areas to reduce energy consumption in Ringas unit.



Solar Power Plant Commissioning

RSWM Ltd, Power Division, Thermal power plant at Mordī has commissioned 10 MW solar power plant (8.80 MW DC capacity of inverters) on 27th May, 2019 in the presence of officers from RRECL, RVPN and AVVNL. A small poojan of lord "SURYA DEV" was performed by Shri N K Bahedia, COO- Power. With this commissioning, RSWM Ltd is operating 21.50 MW DC capacity and soon 1.20 MW roof top solar power plant will be commissioned at Ringas plant. Total capacity with RSWM will be 22.70 MW DC. 11.20% of total electricity requirement will be sourced through renewable energy.



Voters Awareness Campaign

Keeping in view the General Elections to the 17th Lok Sabha, 2019, a campaign to create awareness on casting votes by people of that area was organized at Maral Sarovar unit on 1st May, 2019. The workers, staff and their family members were given awareness session on the importance of casting their votes righteously which would decide the development of the country in the right direction.

Legal Awareness Camp

On 1st May 2019, a Legal Awareness Camp was organized at Maral Sarovar unit for its employees by the District Administration, Khargone. The session was chaired by District & Session Judge and other distinguished guests included Chief Judicial Magistrate, First-Class Magistrate, District Collector, Superintendent of Police, SDM, DSP, Tehsildar, T.I. etc.



**ADHPL****Mock Drill on Earthquake Safety Measures and Rescue Operation**

A tier II Mock drill on earthquake safety measures and rescue operations was organized on June 25, 2019 to check the emergency preparedness, planning and response of the ADHPL employees & associated stakeholders and also checked the effectiveness of the existing rescue and training system. In the mock drill, wherein the situation of earthquake was created by raising the alarm, all employees and colony members ran for the safety, to the designated assembly points. Rescue operations were conducted through the designated accessible routes.

MPCL**Mock Drill on Flash Flood**

Mock drill on flash flood was conducted at MPCL barrage site on June 28th, 2019 by the employees to check the emergency preparedness planning, responses of the rescue team and effectiveness of the existing training system. The planned scenario with tentative timeline was discussed and conveyed to all the concerned in the morning meeting. Before execution of actual drill, the scenario was discussed with the concerned members to ensure safety of the individuals involved directly or indirectly in the mock drill.

**HEG****Workshop on UDAY**

In Order to strengthen the cultural/behavioral aspects among workmen, L&D team initiated a series of workshop by the name 'UDAY'. It commenced in April, 2019 and this was the 5th batch. This workshop addressed cultural issues and their remedies, teamwork, discipline, communication, motivation, knowledge sharing and discussion. The purpose of this workshop was to ensure that learning and understanding permeates to all levels.

**Awareness Session on Contract Labour Act**

HR Team is regularly in touch with workmen and deals with contract labors on a daily basis. They need to be aware of basic labour laws for understanding legal obligations to employees and the differences between the right and wrong practices. HR L&D organized awareness session on Contract Labour Act which was facilitated by Mr. Sunil Choudhary and the facilitators covered various aspects of Labour Act i.e. Registration of Establishment, Licensing of Contractors, mandatory documents to be maintained by establishment and contractor.



Training on Dyeing and Spining Quality

A training session was conducted on Quality related aspect of Dyeing & Spinning on 17th May, 2019. It was very much effective for staff members to think over the end user of our product. Total 22 participants attended the session and got a good learning exposure on quality aspects. The overall training was given by Shri Shashi Kumar Dubey.

Rishabhdev

Workshop for Staff

Dr. Pankaj Shukla and team from BEING CAPABLE organization conducted a one day Seminar-cum-workshop on 'Life Management & Mind power' for Rishabhdev staff members on 18th April, 2019. It was a motivational lecture cum demonstration seminar attended by approx. 40 staff of Rishabhdev unit and got benefitted.



Lodha



Mock Drill Session

A Mock Drill rehearsal on fire emergency preparedness was conducted at Lodha unit. Shri R. K. Agrawal, Shri Aditya Kumar Sharma, Shri R. K. Shrimali, Shri Devendra Tank, Shri Prem Singh, Shri Shankar Lal and Security officer Shri Dasarath Singh were present in the mock drill. During this drill, the On-Site emergency plan was reviewed with a view of utilization of available resources at site and involvement of all persons. The whole program was well-coordinated by Shri Satyendra Singh Solanki, Safety Officer at Lodha unit.

Quality of Life Program

The director of the CBWE – Central Board of Workers Education, Udaipur, Mr K.S.Yadav and EO - Mr J.J. Patel conducted a training program on Quality of life on 25th April, 2019 at Lodha unit. A total of 30 class trainees participated in the program. The content of the program was very much appreciated by the participants. The session was concluded by the Vice president (Commercial) Shri R.P. Mundra with an assurance that management would like to repeat such programs after a regular interval.





Kharigram



Training on "Phobia Buster & Self Transformation"

The HR department, Kharigram conducted a full day external program on "Phobia Buster & Self Transformation" on 11th April, 2019, which was presented by Dr. Pankaj Shukla, Life Management Guru, Being Capable Organization. During workshop many topics were covered like Change Mindset, Phobia from change, Learning and Retention Pyramid, Practical Relaxation Techniques, Working together through games and activities. Total 37 senior staff were covered in this program from Kharigram unit.

5S Training Implementation at Workplace

The 5S training programs were organized in the month of April & May at Gyan Mandir, Kharigram unit. 73 Officers from various departments were covered in this 5S program. Shri Vinod Kumar Purohit - CTSC explained about 5S process and its practical aspects at workplace. He mainly emphasized on making 5S a habit for achieving good result in all respect. All the participants encouraged to organise the same periodically for all staff members and 5S oath was also taken.



BSL



Safety Training

BSL organized an introductory training program on the topic of proper Use of Personnel Protective Equipment's (PPEs). In the program, we covered various topics, which included:

- Major processes in manufacturing of PPEs.
- Typical hazards & effects of exposure on the body.
- Selecting an appropriate Protective Equipment, with respect to applications.
- How to use, maintain and replace the protective equipment.
- A & Q.

Maral

Workshop on Industrial Workmen & Management Relations

On the occasion of May Day, in association with the District Administration, a workshop on the relations between Industrial workmen and Management was organized at Maral unit. The speakers in the workshop included notable guests from the District Administration and President of MOL, Maral Sarovar Shri D.K. Mittal. The workmen as well as staff and officers jointly took oath to respect each other's rights. It is hoped that the bonding between workmen and the management will further strengthen with this workshop.





HEG

The World Environment Day was celebrated on 5th June, 2019 at HEG, Mandideep unit with much enthusiasm among all the employees. On this day, 30 Neem trees were planted inside the plant and colony premises. HEG unit also participated in the campaign organized by MPPCB (Madhya Pradesh Pollution Control Board) Bhopal to check the air pollution in the area. The PUC check was also arranged for company's official vehicles which was appreciated by all.



WORLD ENVIRONMENT DAY



LNJ Denim

On 5th June, 2019, World Environment Day was celebrated at LNJ Nagar Gamdi Colony, Mord. On this occasion, everyone around the world should take the ownership of their environment and to actively engage in the protection of our earth. At LNJ Nagar, the staff along with their family members had planted trees in the colony premises and each planted tree was given a unique name with caretaker. The campaign was concluded with refreshment for all staff of Denim & Fabric division.

Mandapam

On June 5th, 2019, Melange unit celebrated World Environment Day with great zeal and enthusiasm. Shri S.C. Garg, CEO, Shri Ashwani Mittal COO, HODs and staff members planted trees in the mill premises. All employees were reminded again to protect the environment by planting more and more trees and to stop the use of plastic bags as it is polluting our environment badly. The programme was well conducted and organized by Safety Officer, Mr. Anil Kumar Bishnoi.



Kharigram

On 5th June, 2019, RSWM Kharigram Pariwar celebrated World Environment Day with great zeal and enthusiasm. Shri V.R.Joshi, COO planted tree saplings in mill premises along with all HODs and staff members. Over 100 trees were planted in the factory premises. The tree saplings were also planted inside colony premises & in the presence of Smt. Bindu Joshi along with ladies of Staff Club members. All staff & family members were educated to protect environment through tree plantation and stop using the plastic bags.



World Environment Day



ADHPL

On this day, a drawing competition among the children was also organized and winners of the competition were given prizes by Sh. V.D. Bhatia. Mr. Pankaj Kapoor (AVP-O& M) and Mr. Arvind Sharma (AGM-Civil) addressed the gathering and gave them some tips to control pollution. Mr. V.D. Bhatia addressed all employees and workers on the occasion and praised ADHPL for conducting this type of activities in project premises. The Environment day was also celebrated at transmission line offices Bhuntar, Sundernagar and Swarghat by carrying out cleaning campaign and plantation.

BSL

BSL Limited has celebrated 47th World Environment Day on 5th June, 2019 at Mandapam, Bhilwara (Rajasthan) with great enthusiasm to create Environment Conservation awareness among the BSL staff / workman, their families and nearby people. The Company organized some activities; such as distribution of fabric bags to nearby people aiming to avoid plastic / polythene bags and killing / beat air pollution, plantation at plant premises, environment protection posters & slogan competition among workmen, employees & their children, environment awareness program to stress upon the importance of adopting eco-friendly attitude and practices amongst nearby residents.



Maral

The World Environment Day (5th June) was celebrated at Maral Overseas Limited with a commitment to our nature to augment the greenery in and around the Plant premises during coming years. The theme of the celebration was "Prevent Air Pollution" and while addressing the employees Shri D.K. Mittal, President emphasized the need to prevent pollution so that we can breathe pollution free oxygen. Shri Ashok Akade, VP (Tech.) explained the major environmental effects of plastic pollution and requested all to refrain from using plastic. Other prominent speakers were Shri Rajkumar Gite, Sr. GM (HR&A), Mr. Banti Rathore, Safety Officer etc.

MPCL

The World Environment Day was celebrated at MPCL Unit, Village Jari, Kullu on June 5th, 2019. On this occasion, the staff of Malana Power Company planted 130 sapling of cedrusdeodara (deodar) near barrage site. The Plant in-charge delivered a lecture on environment protection with concept to reduce, reuse and recycle in front of MPCL staff members and a general awareness program on environment protection trainings were also imparted to department heads by Health, Safety & Environment (HSE) department.



Our Schools

where learning and joy come together

Workshop



Teachers training

The workshop was conducted at Aurobindo Ashram, New Delhi from 11th to 15th June, 2019. This Five-day program was attended by 54 teachers and 4 principals from all the four schools of the LNJ Bhilwara Group. The objective of the program was to enhance the skills of lesson planning and implementation of teaching strategies for active classroom learning. Ms. Rupam Sah, an active educationist and Mr. Ashok Arora conducted sessions on Lesson Planning and Blooms taxonomy enabling teachers to enhance teaching and learning quality in classes. The workshop focused on improving professionalism, teaching, which could help students achieve success in their academic environment by putting their skills into practice.

VKV

Hurda School

Outstanding CBSE Results in class X and XII

In Class X - 1st Rank achieved by Gunjan Jain - 98.4%, 2nd Rank achieved by Siddhi Jain - 97.6%, 3rd Rank achieved by Arpita Sharma - 95.4% and Isha Sharma - 95.4%.

In Class XII - Science stream, 1st Rank achieved by Suhani Jain - 95.80%, 2nd Rank achieved by Sanjana Agrawal - 93% and 3rd Rank achieved by Sarthak Jain - 88.60%.

In Class XII - Commerce Stream, 1st Rank achieved by Aditi Kabra - 93.20%, 2nd Rank achieved by Aditya Kothari - 90.80% and 3rd Rank achieved by Lakshita Garg - 90%.



Arpita Sharma Gunjan Jain Isha Sharma Siddhi Jain



Suhani Jain Aditi Kabra Aditya Kothari Lakshita Garg



Sarthak Jain Aditya Badola Medha Agrawal Palak Agiwal



STUDENTS WORKSHOP Enhancing their Skills

To enhance the skills and achievement levels of students in co-curricular activities - Vivekananda Kendra Vidyalaya, Hurda school conducted various workshops for students on Drawing, Flute Recital, Dance, Yoga Day etc.



VKV

Rishabhdev

Inter School Chess Tournament

A one day Inter School Chess Tournament was organised at VKV, Rishabhdev School on 2nd May, 2019. In this tournament different school's participated with great enthusiasm and played with sportsman spirit. Overall 22 players from VKV, Rishabhdev, 6 players from SVGMS, Kherwara and 12 players from Nobles School, Kherwara participated in this event and played well.



Inter School Badminton Tournament

An Inter School Badminton Tournament was held on 2nd May, 2019 in VKV, Rishabhdev School premises. Overall 35 players from 3 schools participated in this event. The participants were divided into two categories: U-14 (Boys/Girls) and U-17 (Boys/Girls). The event was played in a team format in which 16 players participated from VKV, Rishabhdev School, 13 players from Nobles, Kherwara and 6 players from SVGMS, Kherwara. VKV, Rishabhdev won the event in both the categories of U-14 (Boys/Girls) and U-17 (Boys/Girls).



Outstanding Xth CBSE Results

The students delivered brilliant results. Miss Dhwanee Jain was awarded the certificate of merit by "KARMA CHARITABLE TRUST" and a cash prize of Rs. 11,000/- for securing first position in March, 2019 Miss Khyati Jain and Miss Madhvi Suthar were awarded the certificate of merit and a cash prize of Rs. 7,500/- for securing second position.



Graphite School

Brilliant performance in CBSE



In the session, 2018-19 students fared well in the CBSE board exams and added another feather in the cap by scoring high percentage in class X and XII. Class X: Pooja Verma (94%), was the city topper in CBSE High School Examination 2019. This was a big proud moment for the school as well as their parents. Ritu Choudhary secured 93.8% and Shristi Pal secured 92.4%.

Class XII: Ayush Tiwari (95.4%), Ashutosh Tripathi (95.4%) and Atul Patel (92.8%).

Incredible performance

NEET Selection (Medical Entrance Exam): Priya Soni cracked the prestigious medical entrance exam.

IIT/NIT Selections: Ayush Tiwari and Atul Patel cracked IIT entrance examination and took admission in IIT Assam and NIT Jaipur respectively.

Outreach Program for Students

An Outreach Program for understanding science was conducted by IISER (Indian Institute of Science Education and Research Bhopal) for High School Students from 6th - 11th May, 2019. Ten students of Graphite School attended the program which focused on inculcating aptitude to appreciate the role and contribution of science in the betterment of mankind by interactive lectures along with laboratory work. The program included lectures by eminent scientists like Dr. Vinay Bajpai, Dr. Neeta Kalra, Dr. Sarika Singh, and Dr. Madhumita Mukherjee.



VVV

Maral School

Toppers - Outstanding CSBE Results



An excellent performance in CBSE 2019 exams was showcased by the students. In class X Ms. Neha Chouhan bagged the first position in the school (91%) by securing 100 marks in Science, 95 marks in Maths.

Aniket Akade bagged second position in the school (90%). He secured 96% marks in English.

In class XII, Daksh Kishwah secured the first position in school (91%) in the Science stream. Ms. Janhavi Yadav secured first position (86.8%) marks in Commerce stream.

Summer Camp

The School organised a Summer Camp for all the students from 8th to 18th June, 2019. A large number of students attended the camp with zeal and enthusiasm. The expert art teachers of the school took sessions for yoga, sports & games, light vocal & instrumental music, Hip-Hop B-Boying, modern bollywood dance, painting, art & craft activities and provided them an opportunity to utilise and enjoy their hot summers.



Hanuman Jayanti



Kharigram

Lord Hanuman is the symbol of strength and energy and to commemorate the birth of the Lord, Hanuman Jayanti is celebrated every year by Kharigram Pariwar. On 19th April, 2019, Hanuman Janmostav was celebrated with great zeal and devotion in the staff colony temple. A special Bhajan Kirtan program was organised in which ladies and their family members performed. The program was concluded with Maha Aarti and Prasad distribution to all.

Rishabhdev

The Hanuman Jayanti was celebrated on 19th April, 2019 at Rishabhdev unit by conducting a Sundarkand Path at nearby Hanuman Mandir. Staff members with their families participated in the "Sundarkand Path" in large numbers which ended with Aarti and Prasad distribution. Everyone out there prayed for well being of their families and for the progress of Rishabhdev unit.



Lodha

The Hanuman Jayanti was celebrated on 19th April, 2019 with devotion, fondness & enthusiasm at Hanuman Temple in Orchard. All the staff along with their family members participated in the celebration. The Pooja & Yagya was performed by a team of renowned pandits from Khadagda under the leadership of Shri Dilip Pandya, member of Govardhan Vidhya Vihar, Sanskrit Mahavidhyalay. The staff members offered 'Aahuty' for the prosperity of the group & prayed to Lord Hanuman for the betterment of plant and livelihood. The programme was followed by 'Maha Prasad' after 'Poornahuti'.

HEG

Annual Cultural Program

An Annual Cultural function was organized at HEG, R&D Center in May, 2019. All the employees with their family had given their full support and co-ordinated very well, especially all HODs & Committee members, which was clearly visible throughout the program. The program started with traditional lamp lighting by our Chief guest - COO, Shri Manish Gulati. This event witnessed felicitation of winners for their all-round participation in various activities carried throughout the year. During the event, various dance performances, skit, singing performances were given by employees' children which was the main attraction of the night.





Hindu Nav Varsh



Rishabhdev

RSWM Staff Club celebrated Nav Varsh - 'Vikram Samvat – 2076' jointly with VKV, Rishabhdev School on 6th April, 2019. The Prabhat Pheri started from the school, went around the Mill campus and ended at Ganeshji mandir. A Special puja-archana was also held in the Mandir and everyone prayed for peace and progress during this Nav Varsh. Shri K B Khatod, COO greeted Nav Varsh to all the present students, teachers and the staff members of Rishabhdev unit.

TPP

On 6th April, 2019 the celebration of Hindi Nav Varsh was started at TPP, Mordí with daily routine prayer and after that all staff members went to "Bhairo temple" to perform Bhairo Poojan at the temple premises with full devotion. Like every year, this year also "Neem juice" was prepared for each employees with sweet rock candy.

Lodha



Ladies Club Theme Party

The Ladies Staff club, Mayur Nagar Lodha organized a Bengali theme party on 14th April, 2019. All staff members with their families enjoyed this special theme party evening. The delicious welcome drink and dinner was organized at the staff club for all. Some cultural activities were also organized on this occasion and it turned out to be a memorable evening for all the presentees during this well organised party.

Kharigram

Fire Service Day

The Fire Service Day was celebrated at Kharigram unit on 14th April, 2019. To spread awareness about fire & safety equipments, an exhibition on Fire Safety was organised in Manav Vikas Kendra under guidance of Mr Dileep Chourasia, Safety Officer. Shri V.R. Joshi, COO inaugurated the exhibition along with HODs & Staff members and emphasized the importance of fire and safety equipments during work and emergency situations. All staff members voiced their commitment to follow the fire safety rules & regulations at workplace..



International Yoga Day



Kharigram

Raj Spin Staff Club, Kharigram organised a "Yoga-Shivir" on 21st June, 2019 and celebrated "International Yoga Day" in the presence of Shri VR Joshi, COO, Club President Mr Ashish Kumar Pandey and other Seniors. The staff and their families participated and enjoyed this Yoga Shivir with full enthusiasm. During this Shivir, Shri HL Dhanopia, certified Yoga Trainer from Patanjali Yogpeeth performed and taught various Yoga patterns and offered health tips to be used in our daily routine life. At the end of the program, Emblica & Aloe Vera Juices were distributed to all and the shivir concluded with a vote of thanks.

Mandapam

An International Yoga day was celebrated at RSWM Limited, Mandapam unit on June 21st, 2019. The staff and their family members participated in the event with full enthusiasm. Shri M.P. Pareek was the Yoga instructor for the entire event. Shri S.P. Yadav, addressed the staff members regarding the importance of Yoga in day-to-day life and how it can cure big diseases with regular practice. Overall the session went well and everyone appreciated this initiative.



HEG

HEG joined the world in celebrating "International Yoga Day" on 21st June, 2019 where staff & executives turned out in large number to attend the session organized in Graphite Guest House, HEG. Shri Ramesh Sharma a yoga enthusiast himself, too participate, where he performed yoga along with other senior officials. The session was conducted to promote spiritual and mental well being among employees. The session concluded with the faith that all will embrace this discipline in everyday life.



ADHPL

Fire Service Week

In order to enhance the awareness about the fire emergency situations, assess the availability of resources at hand and to deal with any unforeseen event, Fire Service Week was celebrated from 14-20 April, 2019 at ADHPL Prini. During the week, long program training on topics like firefighting, rescue & first aid were imparted to ADHPL employees, workers, rescue teams and ADHPL colony residents. Women and children were the target groups during this week long programs.





HEG



Global Parli Project

Global Parli was conceptualized to improve the situation in Parli Taluka of the drought-prone region of Marathwada. However, the distal goal of our mission is to demonstrate that the transformation of the country is certainly possible if the worst affected villages can be transformed in a sustainable manner. As part of our scaling up activities, we have partnered with Govt MP, HEG and CBO CPPP (Community Public private Partnership) to implement our model to transform Raisen District in MP. Through our model of 360° development, we work in areas of water management, introduction of alternative livelihood activities to raise income levels, and social activities that promote skill development and capacity building among the local community. Our main focus is to encourage a shift in cropping patterns- from cotton and soya- to horticulture to increase the income levels of farmers by at least 25 times. Growing fruit trees is not only beneficial for replenishing the soil and mitigating flash floods but also helps in poverty alleviation and reduction in migration to urban centers. Through our tie-ups with consumer platforms like AllFresh and other wholesale fruit dealers, we also train the farmers in post-harvest management like packaging and marketing through digital marketplaces and sale of produce to APMCs.

ADHPL

Cleanliness Drive

It is a well-known fact that ADHPL supports the CSR activities in surrounding villages, one of which is financial and material support to the cleanliness drives organized in village Prini. ADHPL supported the cleanliness drive in surrounding villages viz. Prini, Shuru and Sethan. Prini village has received Prime Minister's Swachhta Award "Valmiki Puraskar" in the past, due to the efforts put in by the project authorities which were applauded by the Pradhan of the Prini panchayat also.



School Bags Distribution

ADHPL distributed 200 School bags among the young school children of up to 5th standard, in the Govt. run schools of surrounding villages namely; Govt. Primary School Aleo, Prini, Shuru, Jagatsukh, Bhanara and Bahnu. The school staff and children thanked ADHPL and appreciated the CSR initiative taken by ADHPL family for the welfare of their surroundings.

MPCL

Eye Check Up Camp

On 18th June, 2019 MPCL organized the 2nd eye check-up camp in collaboration with MDSD Rotary eye hospital Kullu. Total 273 eye patients visited the camp for free medicines and opticals were given to 180 people during the camp. 38 people underwent cataract surgeries and 3 persons received Pterygium surgeries. MPCL spent an amount of Rs. 5,60,000/- on general public during this camp under its CSR program.



Financial Support to District Athlete Association

MPCL donated an amount of Rs. 94,378/- (Rs. Ninety four thousand three hundred and seventy eight only) to District Athlete Association, Kullu for organizing the District Athlete Meet in Kullu under their annual sports activities. The sports meet went well and the officials of Athlete Association welcomed this support by MPCL.



FIT INDIA MOVEMENT



"I promise to myself that I will devote time for physical activity and sports every day and I will encourage my family members and neighbours to be physically fit and make India a fit nation"

Fit India Movement is a nation-wide campaign to encourage citizens to take up physical activity and sports in their daily lives.

The campaign was launched on the birth anniversary of hockey wizard Major Dhyan Chand.

The movement aims to encourage people to inculcate physical activity and sports in their everyday lives.

A 'zero investment, unlimited returns' scheme, the Fit India Movement aims to spread to each and every corner of the country, including every village, panchayat and school.



Self-Motivation is the Key to Success



It's important to keep yourself motivating constantly if you have fixed your eyes on achieving the goals of life and career. Motivation is essential as it keeps you going and makes you more determined to create the life you want to live. It has been observed that setting SMART goals is a great way to enhance your self-motivation. Therefore, when you set your goals, make sure they are:

- Specific
- Measurable
- Attainable
- Realistic
- Timely

If you find that a task is too big and it's leading you into procrastination, break it up into small steps and then take just one of them at a time to start moving forward. Negativity is a dampener for motivation. Therefore, spend less or no time with negative people who always look at the dark or apathetic side of things. You should always be constructive about your failures and setbacks. When you stumble ask yourself: what is one thing I can learn from this setback?

**a healthy you**

Beverages Beneficial for your Health

If you want to live a healthy life, you should be careful while eating and drinking. In addition to regular exercise, healthy food and healthy beverages should be two of your important focus areas. As far as beverages are concerned, water is undoubtedly a healthy and safe bet. However, what do you do when you want more options without straying from the healthy side of things?

Here are a few beverages that will be beneficial to your health:

- **Hot Chocolate**- Yes, you heard it right. Hot chocolate, prepared with raw cocoa powder, helps you deal with cramps as it is loaded with antioxidants, flavonoids as well as calcium.
- **Kombucha**- Fizzy and fermented, kombucha is packed with probiotics. It promotes healthy bacteria in the gut that helps in digestion and the absorption of vitamins and minerals. It also helps in strengthening the immune system.
- **Kale Juice**- The dark, leafy green Kale is packed with vitamins and minerals that help in improving bone health and regulating your bowels. Kale is loaded with powerful antioxidants like Quercetin and Kaempferol.
- **Cranberry Juice**- Cranberry juice provides relief against Urinary Tract Infection (UTI) and kidney stones. It also protects your body against various types of cancer and heart diseases.
- **Green Tea**- Green tea contains a high level of polyphenols that are packed with antioxidants which help prevent breast and prostate cancer. It also helps in reducing sharp increases in blood sugar after a meal.

**a smiling you**

A Man and his Donkey

A man had many donkeys who helped him with his business. One of those donkeys was with him for a very long time and the merchant had grown fond of that donkey. One day, when the merchant and his donkeys were returning from a trip, the old donkey fell into an open pit. The donkey began wailing and crying. The merchant looked around for some help but he could not find anything that would help him to bring the donkey out. The man finally lost all hopes of rescuing the donkey and decided to fill the pit. He brought a shovel and began to dig the ground. All through this time, the donkey kept crying and wailing.

After some time, the donkey's wails stopped. The man noticed that when he was throwing the dirt on the donkey, the donkey shook the dirt off. And in doing so, the dirt started accumulating on the ground. When there was enough dirt on the ground, the donkey stepped on the now elevated ground. The man kept throwing dirt into the pit and the donkey kept shaking it off and coming upwards. Finally, the donkey was out of the pit.

Lesson: One should shake off (problems) and step up (learn from them) for tackling challenges in life.



Environment Leadership Award 2018-19

In recognition of its efforts for promoting environmental conservation and sustainable development, AD Hydro Power Ltd. was conferred with the prestigious "Himachal Pradesh Environment Leadership Award" for 2018-19 by the Government of Himachal Pradesh. Among the various entries received for this award in the industry category, ADHPL won the 2nd prize. The award was established in the year 2016 and it is given by Government of Himachal Pradesh through its "Department of Environment, Science & Technology" for 12 different categories including, Urban Local Body, Hospital, NGO, Bus Stands, Restaurants, Schools etc. The award was given by the Chief Minister of Himachal Pradesh, Mr. Jai Ram Thakur on 5th June, 2019 which is a great achievement for ADHPL family.



NCC Training Qualified

Miss. Anamika Sharma D/o Sh. Arvind Sharma (AGM Civil) has passed the Certificate-C of NCC examination with grade Alpha (A), held in 2019, under the authority of Ministry of Defense, Government of India. She had earlier received various medals including Gold in shooting under the banner of NCC and was the best shooter in the North Zone. She has been a hardworking and bright student throughout her carrier. She has made her parents and ADHPL family proud and we wish her all the best in her future ventures.

Qualified CAT Exam

Mr. Arun Sharma S/o Shri Arvind Sharma (AGM Civil) qualified the Common Admission Test (CAT) and scored 99.72%. He got admission in MBA at IIMC (Kolkata). Earlier he was selected in HEC Paris, France, MIM (by qualifying GMAT) but he declined the course and preferred IIMC over HEC Paris. He has been a brilliant and hardworking child throughout his academics. He has made his parents and ADHPL family proud by achieving this outstanding feat. We wish him all the best for his future endeavors.



NEET Entrance Selection

Mr. Ajay Chaudhary S/o Shri Girraj Singh qualified NEET and was ranked 7151 in all over India ranking. He has been a hardworking and bright child throughout his school days and won many school level championships. He has made his parents, school and ADHPL family proud by cracking one of the toughest medical entrances. A big congratulations to him and all the best for his future academics.



BSL

Bhilwara Style Award

It gives us immense pleasure to inform you all that "Bhilwara Style Award" was given to Shri B. S. SHEKHAWAT (Dy. General Manager, Development, BSL Ltd.) for his unique identity in Designing field and presence in his professional fraternity. The Award was given during INIFD "Design Extravaganza 2019" and presented by distinguish and renowned fashion designer MR. KANWALJEET SINGH (Famous Bollywood Fashion Designer & Personal Stylist of Superstar Shahrukh Khan) who also took part in the TV program, Bigg Boss season 9.



Maral

**Shri D.K. Mittal included in MP Wages Advisory Board**

Shri D.K. Mittal, President of Maral Overseas Ltd, Maral Sarovar who is holding the position of Dy. Chairman in Madhya Pradesh Textile Mills Association has been included as Employers Representative in the Minimum Wages Advisory Board, State Government of Madhya Pradesh. The Industry in Madhya Pradesh is confident to get benefit out of the rich industrial experience of Shri Mittal. Maral Sarovar family extends hearty congratulations to Shri D.K. Mittal on this achievement.

BSL

**"Oeko-Tex Standard 100-Product Class-II" Certification**

Since 2009, BSL has been certified "Oeko-Tex Standard 100-Product Class-II" for their product range. Every year BSL has to get it renewed and after every 3rd renewal, Hohenstein team personally visit us to audit the process and system. For all this, concerned department of BSL are taking utmost care during various activities of fabric manufacturing as well as during selection of raw material, dyes, chemicals & auxiliaries etc. so that our product can meet the international requirements of OTS 100. The BSL team will be pleased to note that our 10th renewal of certification is done by Hohenstein,

Germany for the below scope of certification. Woven Fabrics made of 100% Polyester and Polyester in blends with Wool, Linen, Cotton, Viscose, Viscose (Bamboo) and Elastane, Greige, Fibre Dyed, Yarn Dyed and Piece Dyed, with or without Oil and Water Repellent finish as well as softener finish; produced by using material are certified according Oeko-Tex Standard 100. We heartily congratulate the entire team on this outstanding achievement.

Woven Fabrics made of 100% Polyester and Polyester in blends with Wool, Linen, Cotton, Viscose, Viscose (Bamboo) and Elastane, Greige, Fibre Dyed, Yarn Dyed and Piece Dyed, with or without Oil and Water Repellent finish as well as softener finish; produced by using material are certified according to Oeko-Tex Standard 100. We heartily congratulate the entire team on this outstanding achievement.



Rajasthan Govt. Awarded BSL for Exemplary Work

कारखाना एवं बायलर्स निरीक्षण विभाग, राजस्थान सरकार की कारखाना सुरक्षा पुरस्कार योजना -2019 के तहत दिनांक 5 मार्च 2019 जयपुर में बीएसएल लिमिटेड को कारखाना प्रबंधन एवं कर्मचारियों / श्रमिकों द्वारा सुरक्षा, स्वास्थ्य एवं कल्याण के क्षेत्र में सकारात्मक भूमिका निभाते हुये कारखाना अधिनियम, 1948 के महत्वपूर्ण प्रावधानों तथा नियमों की पालना हेतु उत्कृष्ट कार्य कर राज्य के मध्यम श्रेणी में आने वाले विभिन्न कारखानों में से अग्रणी रहने पर राजस्थान सरकार द्वारा सुरक्षा पुरस्कार से नवाजा गया। बीएसएल लिमिटेड से प्रतिनिधि के रूप में कारखाना प्रबंधक श्री एच पी माधुर और सुरक्षा प्रबंधक श्री राममिलन सिंह सुरक्षा पुरस्कार लेने के लिये जयपुर पहुंचे।

कारखाना प्रबंधक श्री एच पी माधुर ने बताया कि इस पुरस्कार के लिये बीएसएल प्रबंधन / वरिष्ठ अधिकारियों एवं कर्मचारियों / श्रमिकों की अथक मेहनत / प्रयासों का प्रतिफल है जिनहोंने कारखाना अधिनियम, 1948 के महत्वपूर्ण प्रावधानों तथा नियमों की पालना करने में हमेशा विशेष ध्यान देते हैं साथ ही इस सुरक्षा पुरस्कार का मुख्य श्रेय प्रशासनिक एवं मानव संसाधन विभाग के वरिष्ठ प्रबंधक श्री राम दलाल जाट और सुरक्षा प्रबंधक राममिलन सिंह को जाता है जिन्होंने अपने मजबूत इरादों एवं भरसक प्रयासों साथ कारखाने में सुरक्षा मापदण्डों को लागू कर लोगों को सुरक्षा के प्रति जागरूक किया है।

श्री राम दलाल जाट ने बताया कि ने बताया कि हम दिनोदिन कार्यानुसार स्वास्थ्य एवं सुरक्षा के महत्वपूर्ण दिशानिर्देशों को कर्मचारियों एवं कामगारों तक प्रशिक्षण के माध्यम से पहुंचाते हैं और समय समय पर अधिकारियों द्वारा निरीक्षण के माध्यम से सुरक्षा नियमों को प्रभावशाली बनाते हैं। कारखाने कार्यरत सभी कर्मचारियों एवं कामगारों की सुरक्षा बीएसएल प्रबंधन का सबसे प्रथम उत्तरदायित्व और सुरक्षा सर्वोपरि है।



welcome
and adieu

LJN Denim



Farewell of Shri Uday Rane

A farewell programme was organized by LJN Denim, Mordī at Admin Conference Hall on 19th June, 2019 in the honour of Shri Uday Rane – Vice President – Marketing after completing a distinguished service for more than 5+ years with LJN Denim, Mordī. On this occasion, Shri Suketu Shah – Chief Executive/ Business Head appreciated his valuable contribution in the progress of the organization & wished him success in his upcoming assignment. All the staff expressed gratitude and appreciated his working style and behaviour during his tenure.

Joining of Mr. Zahid Ahmed Siddiqui

Mr. Zahid Ahmed Siddiqui, 43, is B.Sc (Tech.) from Mumbai University. He has rich experience of more than 17 years in the field of Denim Fabric Marketing. During this period he has worked in organizations like Raymond UCO Denim & Arvind Mill Ltd. Oswal Denim etc. His last organization was Mafatlal Industries Ltd. (Denim Division) where he was General Manager – Marketing. LJN Denim Parivar extends a warm welcome to Mr. Zahid Ahmed Siddiqui and wishing him a long association with RSWM Group (LJN Denim).



LNJ Denim



Farewell of Shri Raj Kumar Jain

A farewell programme was organized by LNJ Denim, Mordi at Spinning Conference Hall on 30th April, 2019 in the honour of Shri Raj Kumar Jain – General Manager (DIG) who completed a distinguished service of more than 11+ years with LNJ Denim, Mordi. On this occasion, Shri Piyush Chandarana – COO appreciated his contribution in the growth of the organization. All the staff expressed and appreciated his cooperative and positive working nature. We wish him all the very best for his upcoming life.

Ringas



Superannuation of Shri A.K. Maheshwari

On 30th June, 2019, Shri A.K. Maheshwari was superannuated from the service of Ringas unit. During his 12 years of tenure as DGM (Maintenance), Shri A.K. Maheshwari made his sincere and dedicated contribution to the company. A felicitation programme was organized by Staff Club of RSWM, Ringas unit on 29th June, 2019 at HRD Centre. On this occasion, Shri Avinash Bhargva, Chief Operating Officer appreciated his contribution in the growth of the organization. All the staff appreciated his good behaviour and administrative skills.

Maral

Joining of Shri Jai Prakash Maurya

Mr. Jai Prakash Maurya, having an experience of 31 years, joined as GM (Spinning) at MOL on 29th April, 2019. He worked with big organizations like M/s. Vardhman Spg. & General Mills, Nahar Group, etc. Prior to joining Maral, he was associated with M/s. Shiwalya Spg. & Wvg. Mills, Ludhiana. We welcome him to Maral fraternity and extend all our support to him.



Joining of Shri Amarnath Pandey

Mr. Amarnath Pandey joined as Senior General Manager (Engg) at Maral Overseas Ltd, Maral Sarovar on 4th April, 2019. He is having experience of 27 years and worked with reputed organizations like PT Bitratex, Indorama, Ginni International Limited, Nahar Spinning, etc. Prior to joining Maral, he was associated with M/s. Obeetee Textiles Pvt. Ltd. Gopiganj (Uttar Pradesh). We heartily welcome Mr. Amarnath Pandey to Maral Family and extend all our support to him.



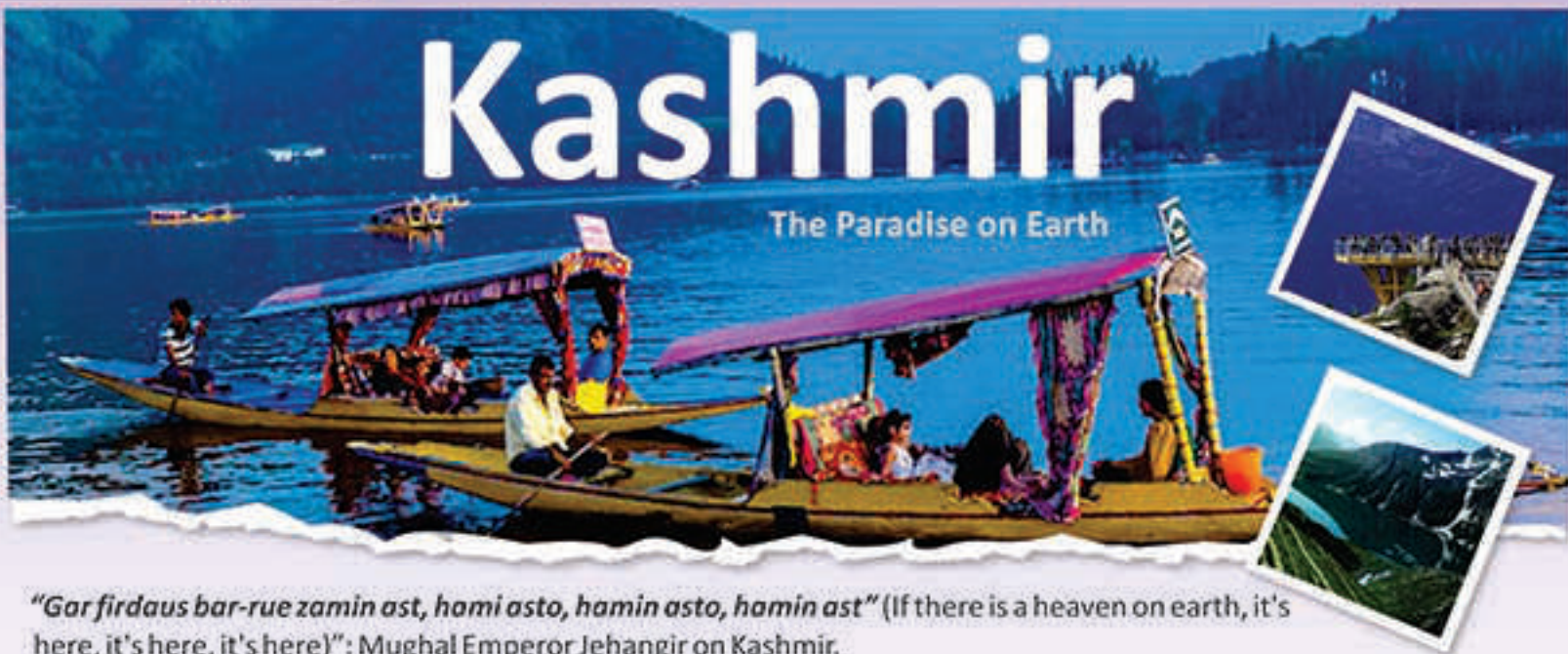
Joining of Shri P.R. Baser

Mr. P.R. Baser joined as Senior General Manager (Cotton Purchase) at Maral Overseas Ltd, Maral Sarovar. He is having 35 years of experience and have worked with good organizations like Nitin Spinners Ltd. & Raj. Co-Operative Spg. Mills Ltd., etc. Prior to joining Maral, he was associated with M/s. Pratibha Syntex Limited, Pithampur. We extend all our support and welcome him to Maral Sarovar family.



Kashmir

The Paradise on Earth



"Gar firdaus bar-rue zamin ast, hami asto, hamin asto, hamin ast" (If there is a heaven on earth, it's here, it's here, it's here): Mughal Emperor Jehangir on Kashmir.

It had been universally accepted that whoever visits Kashmir falls in love with its unparalleled natural beauty ranging from alpine peaks to snow-clad ranges. The stunning landscape had a mesmerising effect on Mughal emperor Jehangir who called it the "heaven on earth". Nature has blessed Kashmir with spectacular valleys of flowers, serene lakes and

Here're some of the most awesome places to visit in Kashmir:

Dal Lake: Situated in Srinagar, it is widely known as the "jewel in the crown of Kashmir". Though the lake is a single body of water, it has the appearance of many different lakes and pools interconnected and divided by numerous causeways, buildings on stilts, floating gardens and houseboats. The floating gardens blossom with lotus flowers during July and August.

Shalimar Garden: Known as the "Crown of Srinagar", Shalimar Garden was built by Mughal Emperor Jehangir for his beloved wife Nur Jahan, around 400 years back. It is linked through a channel to the northeast of Dal Lake. It is a lush green garden which has been designed with terrace lawns, fountain pools and flower beds combined with mighty chinar trees and pavilions.




Nishat Garden: It is located on the eastern side of the Dal Lake. Breathtaking Zabarwan Mountains in the backdrop add to the grandeur of the garden. Nishat Bagh was designed by Asaf Khan, the brother of Nur Jahan back in 1633 AD. The garden has 12 terraces, one for every zodiac sign and they keep on rising up the mountainside.

Gulmarg: Better known as the 'Meadow of Flowers', Gulmarg is the snow paradise of Kashmir. The spread of vibrant flowers with snow-capped mountains in the background gives a majestic look to Gulmarg. It witnesses regular snow fall even during summer. It is also known as the adventurer's paradise because of its vast options of skiing in the snow while enjoying the views around.

Sonmarg: Famous as the Meadow of Gold', Sonmarg has an endless stream of stunning flowers and undulated trekking routes are its attractions. With snow-clad mountains, green grasslands and ponies to ride on, this place becomes awesome in terms of scenery.

Best time to visit Kashmir: The best time to visit Kashmir is the spring season from the month of March to early-May. However, the weather remains perfect for visiting the region until October.

How to reach Kashmir

-  Srinagar airport is the nearest aerodrome and it is well connected to prime Indian cities.
-  Jammu Tawi Railway Station, situated at a distance of about 330 km, is the nearest railhead serving Kashmir.
-  National Highway 1-A connects Srinagar with Jammu and the popular Jawahar Tunnel connecting Jammu with the valley of Kashmir also falls on the way.