

OPINION

Quarterly Newsletter of LNJ Bhilwara Group



PROUD TO BE INDIAN
PRIVILEGED TO BE GLOBAL

Volume XXVI | Issue I | January-June, 2020

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We have come a long way, on account of our hard work and firm belief in our values.

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Editorial Board

- | | |
|------------------|---------------------|
| 1. O. P. Ajmera | 4. Sanjay Sharma |
| 2. Manish Gulati | 5. Mohit Maheshwari |
| 3. Manoj Sharma | 6. Jyoti Gupta |

Copy Editor: U. Padma Latha

Chairman's note

We have come a long way, on account of our hard work and firm belief in our values. Our determination and drive to achieve new milestones has been the driving force behind all our accomplishments and challenges. Our vision is based on focused strategy and rigorous attention to operational efficiency, and a strong emphasis on teamwork.

With our core values, our group is strategically placed with our varied business lines to meet the demand of the market and to grow along with the growth of our nation and economy.



As the saying:

"Success is not the key to happiness. Happiness is the key to success.

If you love what you are doing, you will be successful."

Albert Schweitzer

In recent weeks, the COVID-19 pandemic has spread rapidly throughout the world, resulting in sudden halt in industrial production activities, commercial activities, travel & tourism, cancellation of all kinds of events (cultural & sports), closing of schools, malls & cinema halls and social distancing of communities.

The Covid-19 pandemic situation in India and across the world is of grave concern and is regarded as a real challenge for all of us. This has created a real economic challenge for the industry at the global level. Despite the challenges this has also opened up new avenues and our way of looking at things in a different manner. This virus has created the biggest behavioural and economic disruption in the living memory. A period that will be remembered for years to come and make it to every history book in the future. This pandemic has led to sudden shift in the dynamics of workforce behaviour – rush towards work-from-home arrangements at an extremely short notice. The resilience of human being has come to the fore once again in the time of trouble and how quickly we have adapted to this new working style.

The Government is trying their level best to overcome this crisis and have come out with a substantial financial package for industry to reboot the economic activity and to alleviate the pain of the large part of underprivileged communities. Government is also trying to safeguard the interest of its people by welcoming investors from across the world by making regulations easier for them. The Prime Minister's call "Vocal for Local" and making India a manufacturing hub can be seen as a great opportunity. If the country has to achieve its manifest destiny, the pace of investments has to pick up a lot. Without investments, there will be no significant improvement in job and productivity growth.

In these challenging and difficult times - LNJ Bhilwara Group continues its pledge by committing at the local level as well as helping the government financially and in kind to fight this crisis.

Though the continuation of businesses is important, our first priority is the safety and security of the people with special attention to our employees, workers and customers.

We will continue to monitor the latest development of the outbreak and promoting good-hygiene habits in and out of the office by encouraging our staff and their families to wash their hands, to wear mask, avoid large gatherings in the coming weeks and maintain social distancing to stay safe and healthy.

We are doing our bit; we urge you to do yours too. Let's beat this crisis with united efforts.

With best Wishes,

Ravi Jhunjhunwala

HEG

Visit of Chairman Emeritus Syt. L.N. Jhunjhunwala



We were absolutely proud and delighted to receive our Founder and Chairman Emeritus Syt L.N. Jhunjhunwala to Mandideep on 24th January 2020 after almost 15 years. Syt L.N. Jhunjhunwala brought with him an esteemed Professor of IIT Delhi, Prof. Bodhraj Mehta to see our R&D centre.

Syt L.N. Jhunjhunwala inquired with ED, Mr. Manish Gulati about our progress in quality and how do we rate ourselves with global competitors. Syt LNJ was pleased to know that today our quality has reached to a level where we can compete with US, Japanese and German competitors. Syt L.N. Jhunjhunwala was also visibly pleased to see the upkeep of gardens at plant and guest houses, being a nature lover himself.

LNJ Denim

Melange Challenger Cup Cricket Tournament 2020



Under Employee engagement activities, a great initiative was taken by LNJ Group to play Cricket tournament.

The Final cricket match was scheduled at Bhilwara between Denim Plant & Melange Plant on 1st March, 2020. Lots of ups & down came in during the match. Denim's players played very well with a great support of audience. At the end, LNJ Denim secured Runner-up position in the tournament. The Melange challenger cup cricket tournament was successfully organized by the Organizing committee with great facilities.

Inter-Departmental Workers Volleyball Tournament



A Volleyball Tournament for workers was organized in the month of February & March, 2020. Department wise team were made & all the workers were so excited to participate in the tournament's final match held between Spinning and Inspection & QA Lab Department's team on 6th March, 2020. In a neck to neck contest, Inspection & QA Lab team won the tournament. Shri Suketu Shah – Business Head & Shri Manoj Kumar Jha – Head HR & IR expressed their views on value of games in our life. The prizes were distributed to winners and runner ups.

Visit of I.G. Police, Udaipur

On 30th May 2020, Inspector General of Police Udaipur, Mrs. Vinita Thakur visited our unit along with senior dignitaries of police department. Shri Suketu Shah – Business Head welcomed her with team and were



taken through the Denim facility to get her understand the entire denim manufacturing process.

Mrs. Vinita Thakur appreciated the facility and products of the unit. She was impressed by seeing various new products and company's facilities with advanced technology.

Kharigram

Sports Day at Shramik Colony

In order to encourage healthy atmosphere amongst all workers, Annual Sports Day was organised in the Raj Spin Shramik Colony. Volleyball, Kabaddi, Race and many other games were organised and workers participated in all the events with great sportsman spirit. In the closing ceremony Shri V.R. Joshi,



COO motivated all the workers in his address to stay fit & healthy. He also appreciated for organizing such events. The event ended with prizes distribution and delicious dinner.

Campus Interview

With a philosophy and vision of RSWM Group to include young and dynamic freshers in our team and



further developing & nurturing them in all respect to be a part in our main stream, the Campus Interview under

the guidance of Corporate HR conducted in prestigious colleges for textile Graduates. A panel of HR & technical team visited at MLVTEC, Bhilwara, NITRA Ghaziabad, DKTE, Ichalkaranji, MSU, Baroda, GCTI, Kanpur, TIT Bhiwani, NIT, Jalandhar, SVITS, Indore, IICT, Bhadoi. The interview was followed by Written Test, Group Discussion & face to face round where 40 Textile Graduates were selected for all Group Units.

Inter Unit Cricket Tournament

During the Melange Challenger Cricket Tournament, 2019-20, four league matches from 22nd to 23rd February, 2020 were organised on a very professional developed cricket ground at Kharigram. The team of

Kharigram, Ringas, Kanyakheri, Mandpam and BSL played their



matches with full sportsman spirit in front of Seniors, Staff & the family members of Kharigram. The in-house crowd enjoyed all matches with a buzz of loud cheers, iconic songs etc.

Ladies Cricket Match

A friendly Ladies Cricket match was organised on 26th January at Staff

Club, Kharigram. Two cricket teams were formed named "Urja" and "Chetna". They came in well dressed and played with full of sportsman spirit in front of Seniors, Staff & their family members. At the end, the prizes of all categories were



distributed by Shri Manoj Sharma, President & CHRO and Shri VR Joshi-COO, thereafter all the Kharigram pariwar enjoyed delicious lunch.

Visit of CMD

Shri Riju Jhunjhunwala, CMD, RSWM Ltd. visited LNJ Denim & Fabric Division on 18th February, 2020. Shri Suketu Shah — Business Head welcomed him. During his visit, he visited both the units and inspected all the machines. A meeting was also organized with core team members of LNJ Denim & Fabric Division Unit. Shri Riju Jhunjhunwala interacted with all the core team members and motivated them to work harder & smarter for the growth of plant as well as the organisation.

He visited Ringas Unit on 30th January, 2020. Shri B.M. Sharma - JMD, Shri Rajeev Jain - Business Head-YB, Shri Avinash Bhargava -CFO and Shri M.K. Yogi – COO (RPSF) welcomed him. He visited Spinning and RPSF Units to check the overall progress & developments and also met with local union office bearers.

A meeting was also organized with senior team members of Ringas and Shri Riju Jhunjhunwala interacted with all senior team members and motivated them to put in combined efforts, determination, passion and sincerity in their work so that RSWM Ltd will become an industry leader in the market.

There was a get-together organised by Lodha team in Orchard to welcome Shri Riju Jhunjhunwala, CMD, RSWM Limited. All the senior officials with core team members of the plant joined this get-together. They all discussed their points related to new developments etc. with Shri Riju ji during this meet.

Banswara



LNJ Denim



Ringas



Ladies Club Members Visit to Village School

The Ladies Club of Kharigram visited to Govt. Secondary School at nearby village, Kaniya. The school staff welcomed them and a small cultural program performed by the children. Ladies club members distributed gifts and motivated the



girls for their career future and to think about life skills. Towards the end of the programme, Lunch was served for all.

Ringas

Visit of Secretary, Skill, Employment and Entrepreneurship

The Secretary, Skill, Employment and Entrepreneurship Shri Naveen Jain, visited Ringas unit on 1st January, 2020 on surprise check of Industries. Senior Officers of RSWM Ltd greeted the Secretary with garlands.



He praised about Management and Trade Union relations as they interacted with office bearers of local INTUC Union. Mr. Naveen Jain along with Shri Mukesh Jain - Chief Inspector Factories and Boilers visited Spinning and RPSF plants.

In the end, Shri Avinash Bhargava presented handmade paintings made by female workers to Shri Naveen Jain and Shri Mukesh Jain.

Banswara

Village Tour (Worker Recruitment & Grievance Handling)

A village tour was organised at Lodha Unit where, Shri. S K Mittal, Shri B C Gupta, Shri. R K Dixit, Shri Aditya Sharma, Shri Vikram Singh, Shri



Dilip Singh, Shri Gajendra Singh, Ms Shayama Kunwar, Mrs Neeru and Trainers visited village Bhilwan on 11th January, 2020.

This team had a meeting with local Villagers and Sarpanch regarding below agendas:

- Increased Attendance of workman.
- Increased Recruitment of male.
- Increased Female Recruitment.
- Rejoin left workman.
- Awareness of company facilities.

Annual Games and Sports for Workmen

The inauguration of annual games and sports events for the year 2020 was done by Chief Operating Officer Shri Sukesh Sharma. In his opening speech, he expressed his views on the values of games in our life. Total



8 teams participated in Volley Ball and Kabaddi championships. Hand ball competition for females was the best among all the matches and one & all enjoyed this particular competition. Finally the event ended with the prize distribution ceremony and towards the end Shri R.K. Dixit delivered vote of thanks.

Sports Day

RSWM Staff club arranged one day sports on 26th January 2020. All the staff & family members participated in various sports and games. The function was inaugurated by the Chief Operating Officer Shri Sukesh Sharma and all the staff along with family ran with Mashaal from ADM to Play Ground. In his opening message, he wished



all the participants best of luck and expressed his thanks to the organiser club committee.

Mandpam

Melange Challenger Cup Cricket Tournament – 2020

The “Melange Challenger Cup Cricket Tournament -2020” was organized jointly by Mandpam Unit from 14th February, 2020 to 1st March, 2020. The league matches were held at three locations i.e. Banswara, Kharigram



and Bhilwara. Total 11 teams in two groups participated in the tournament. The Final Match was played at Sukhadiya Stadium, Bhilwara on 1st March 2020 between RSWM Mandpam and RSWM Denim. RSWM Mandpam team defeated Denim team in a thrilling & interesting match.

The tournament was an earnest effort to integrate people working at different units and create an environment of cohesiveness among them, apart from providing motivation and a platform to perform exceedingly well to achieve the goals collectively.

Rishabhdev

RSWM Inks Strategic Partnership with HeiQ to offer Anti-COVID Fabric & Face Mask

By offering consumers a secure solution against Covid-19, textile manufacturer RSWM Ltd. has announced the launch of anti-viral fabric range 'ViroSecure'. The new range has been launched through a strategic technology partnership with HeiQ* that lends its antiviral Viroblock** technology to formulate a protective coating on the fabric to offer 99.99% protection against SARS-CoV-2 in 30 minutes.



Suketu Shah, CEO and Business Head, Mayur Suiting and LNJ Denim said, we as a company have the responsibility towards our consumers, and are committed to equipping them with the resources to adapt to this new normal.



Appreciation to COVID Yoddha's

LNJ Denim

Our Corona Warriors have played a major role to control the spread of "COVID-19" in our plant & colony. They have been invited by our Business Head, Shri Suketu Shah on 19th May, 2020 to thank and appreciate their excellent work & effort made during the Lockdown period.

Another programme was conducted on 26th June, 2020 in Honour of



Corona Yoddha where each Yoddha were given appreciation letter by Shri Suketu Shah.

Rishabhdev



Certificates of appreciation were given to all the COVID Warriors who fought with fortitude and endurance against this virus. Our warriors have helped people in every manner and have set an example of being good and responsible citizens.

TPP

A function was held to honour the Corona Warriors at RSWM TPP Unit with much enthusiasm. The Corona Yoddhas were appreciated to boost the morale of the warriors for performing their duties during the pandemic.



Kharigram | Lodha | Ringas

During the tough times, shop floors in Kharigram, Lodha and Ringas have done a tremendous job without hesitation of the danger. A Certificate of Appreciation was given to the COVID Yoddhas followed by high tea in which all our forces like Sweepers, Guards, Electrician, General Administration, Cooks, Drivers, Plumber and other Support Staff were invited and honored. They all were really happy that their work is being recognised in such a way.



Lodha



Kharigram



Ringas

HO

Mask Distribution

During the COVID-19 epidemic, LNJ Bhilwara Group had distributed masks to drivers, facility, security & pantry staff at HO, Noida. These



masks were made of weaved clothing that can be washed and reused easily. Instructions to wear the masks during working hours were also given to them to check the spread of Novel Coronavirus.

How to Deliver “Service with a Smile” in the age of COVID-19

The pandemic has completely reshaped our business interaction with the customers. Face-to-face meetings are out; video conferences are in. Handshakes are out; contact less interactions are in. Crowded, bustling stores are out; capacity limits and one-way aisles are in.

But the most significant, albeit subtle changes is Covid-19's near-complete eradication of a widely-used and highly effective technique for fostering customer engagement; the smile.

The human smile exerts enormous influence on the perceptions of those with whom we interact- “**service with a smile**” isn't just a catchphrase – it's a proven approach for elevating customer satisfaction. When greeted or served with a smile, customers view the employees they're interacting with as friendlier and more trustworthy. Tips go up. Repurchase intentions rise and it all stems from a simple, primitive facial expression.

However, in a pandemic-stricken world where most companies now require their employees to wear face masks, service with a smile is, sadly, a thing of the past. Businesses shouldn't underestimate the impact that this will have on their customer experience. Face coverings deprive both the customer and the employee of important visual cues that have long been cornerstones of social interaction.

For customers, it's more difficult to sense if employees are welcoming, approachable, friendly, or cheerful. For employees, it's more difficult to sense if customers are satisfied, delighted, frustrated or annoyed

and the impacts don't stop there. All of these challenges in parsing interpersonal signals also apply to colleagues within the workplace, and the internal customer interactions in which they take part.

Here are four tips for overcoming the customer experience challenges that ensue from a face-masked society:

- **Employee awareness** - Wearing a face mask will soon become second nature for employees, and many may even forget that their facial expressions are shrouded from the customers and co-workers with whom they interact. Continually remind staff of this, so they're more aware of the need to supplement facial expressions with other communication signals.
- **Gestures as proxy signals** - With smiles now hidden from public view, guidance to be provided to the staff in what other signals they should be using to engage customers. It could be a friendly wave to a customer. It could be a thumbs up sign to demonstrate agreement and understanding. Or a hand on the chest to show appreciation and thanks. Just as a smile does, these gestures complement the spoken word, providing visual context to whatever is being communicated.
- **Eye contact** - Encourage your staff to focus on eye contact with customers and colleagues. It's a signal of respect, indicating that the person you're speaking with has your



undivided attention. Also remind employees that they can “smile with their eyes,” using a slight squint to evoke the sign of a grin.

- **Solicit verbal indicators** - To sense a customer's emotional state, employees should go out of their way to elicit verbal indicators. In the current environment they should err on the side of asking: Have I addressed all of your needs? Do you have any other concerns? Do you understand the information I've shared with you? The exact query will vary depending on the situation, but the point is to rely on verbal checkpoints to gauge the customer's affect, instead of trying to infer it from visual cues.
- **Non verbal signals** - Face coverings complicate the delivery of in - person customer experience, given our reliance on facial cues when interacting with others. Our dependence on those skills can be difficult to break, as they are rooted deep in our evolutionary history. However, it's important for businesses to find alternatives to those non-verbal communication signals.

It's just one of the many behaviours that businesses must adjust in the age of Covid-19. However, by tending to this task, you can help ensure that your customers have a smile on their face – even though you may never see it.

Kharigram

Training Programme on Team Building



The HR department conducted a motivational workshop - "Team Building" at Kharigram on 27th Feb, 2020. Dr. Pankaj Shukla, Senior Faculty, Being Capable Organization took the training session. Different types of motivational games were also played during this training program. After this program the energy level of our Checkers, Senior Workers and Junior Staff was observed very high with good feedback. The participants were very energetic and happy to attend this external programme. Total 55 participants benefited from this workshop.

Training on Quality Circle

HR department conducted a training programme on Quality Circle on 18th January, 2020. Sh Vinod Purohit, Dy. Manager-CTSC facilitated this programme and explained about QC Tools, methods to implement the



Quality Circle system in respective work areas. All HODs and Section Heads have participated in this program where new QC Projects were identified. During the meeting, concerned QC Project Heads reviewed their team members for new projects as well.

Group Level Training Programme - "Udaan"

With a view of developing & strengthening our leaders through a special training programme "Project Udaan", a two days training session conducted at Kharigram on 27th - 28th January 2020. Mr. Rakesh Singh, Sr. Faculty of Door Consultant took the session and explained the various tools & methods for Giving and Taking



Feedback at different level, Alternative Thinking, Change of Mindset etc. Total 50 staff participated in the conclusion session. The participants shared their experience and learning's in the presence of Shri B.M. Sharma-JMD, Shri Prakash Maheshwari-CEO-Corporate Affairs & Power, Shri Manoj Sharma-President & CHRO, Shri Rajeev Jain-Business Head (YB).

LNJ Denim

Marketing Meeting & Training Session

A Monthly Marketing Training was held at Mount Abu on 6th January, 2020 where all marketing persons & plant HODs of LNJ Denim participated. During the meeting, JMD, Shri B.M. Sharma & CHRO Shri Manoj Sharma were also present. They expressed their views on current textile scenario & boosted the morale of all team members of Denim Division.



Next day, a training session was organized on the topic of Communication. Mr. Anil Ambo who has given a wonderful presentation of effective communication, had asserted a couple of examples for effective communication. Total 36 employees had participated in it & enjoyed the session.

Training on Quality Aspects of Spinning



A training session was conducted on 'Quality Related Aspects of Spinning' on 25th May, 2020. The training was given by Mrs. Priti Singh. It was a very effective training to think over the end user of our product. All Q&A team members had attended & got a good learning exposure on quality aspects.

KAIZEN Session



"Kaizen" simply means "change for better", the word refers to improvement that may be one-time or continuous, large or small. On

16th June, 2020 a session of Kaizen Training program was conducted by Shri Mahadeo Sapkal – General Manager (Spinning). Total 28 staff members had attended the session. He explained the 3Ms words; Muda, Mura & Muri very interestingly and seven types of wastes (Over production, Waiting, Transportation, Inventory, Over processing, Motion, Defects & Information) and he also discussed about how one can get rid of wastes to make the industry profitable.

Rishabhdev

Quality Life Workshop

A two day programme on Quality Life was held at Rishabhdev Unit in January & February, 2020. Twenty workers each of various villages



with their spouses had participated in the workshop. Shri K S Yadav, Regional Director & Shri Punit Goutam from CBWE, Udaipur conducted the programme which ended with closing session attended by the COO and senior officers of the unit.

Workshop on 'Man Ki Shakti'

On 28th February, 2020 a one day workshop was held at Rishabhdev Unit conducted by Dr. Pankaj Shukla from Being Capable Organization, Nagpur on the topic 'Man Ki Shakti'. Checkers & Sr. workers from



Engineering, SQC & Maintenance (approx. 40 in No.'s) attended the workshop. The programme was enjoyable and beneficial to the participants and the feedback received was good.

Training on Fire Safety & Fire Fighting Preparedness



Awareness cum Training Programme on Fire Safety & Fire Fighting Preparedness was organised on 18th January, 2020 and was presented by Shri Dileep Chourasia, Safety Officer. The staff of various departments like - Engineering, Maintenance, Security, Commercial and Production participated in this safety programme. During session, the topics covered were; Fire Fighting, Safety at Work Place, Chemical Handling, Tools Handling etc. The training went successful and staff learnt, how to cope up in case of any fire related emergency.

Mandpam

Fire Safety Training



A training programme on Fire Safety was organized at Mandpam Unit on 5th March 2020. The main objective was to create awareness for use of

fire hydrant systems at the time of fire. Mr. Anil Bishnoi (Executive – Fire & Safety) was the faculty for this training programme

ADHPL

EQHS Management Review Committee Meeting

The first management review committee meeting of IMS for certification year 2019-20 was held on 3rd March, 2020 in the conference hall of Administration block at ADHPL. All section in-charges, who are the committee members & representatives and workers, were present in the meeting. During the meeting various issues related to implementation of IMS were discussed in detail.



Online Humour



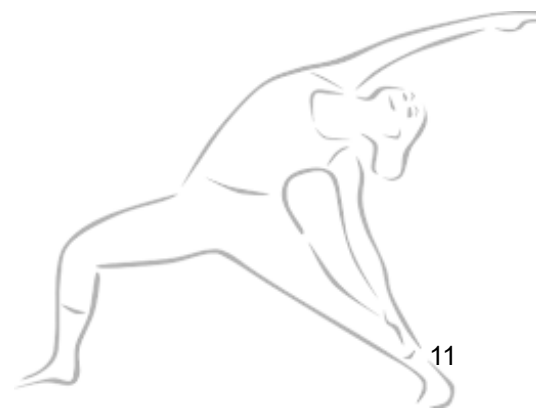
Maintain a healthy and active lifestyle routine

Good nutrition and a healthy lifestyle is crucial for health, particularly in times when the immune system might need to fight back.

- **Stay active:** The gyms may not be open, however, there are lots of safe alternatives to getting physical activity. Aerobics can be done successfully at home. Another important point to consider is that avoiding crowds does not mean avoiding nature. Going for a brisk walk or jog outside in uncrowded areas outdoors is still considered relatively safe. Push-ups, sit-ups, jumping-jacks and more exercises are great ways to stay fit away from the gym.
- **Adequate sleep:** Good sleep is essential to our overall health. "Immune system activation alters sleep, and sleep in turn affects the innate and adaptive arm of our body's defense system."
- **Diet and nutrition:** Practicing self-discipline and avoiding "emotional eating" due to stress that may be related to the drastic changes surrounding the COVID-19 pandemic and how it affects our lives is imperative. Whole foods like dark, leafy greens, oranges and tomatoes—even fresh herbs—are loaded with vitamins, fiber and minerals. Make it a habit to try to eat more whole nutritious foods instead of processed snacks or fast food.
- **Self-care:** Take time to take care of yourself. Be supportive and suggest the same for those close to you. Meditation, relaxation, quality time with family, personal care of yourself promotes overall wellness.



- **Healthcare maintenance:** If you have medications prescribed for any condition, be sure to take them as directed by your provider. Chronic conditions such as hypertension, diabetes, asthma and many others should be kept in check with taking your medications as prescribed.
- **Cope with stress and anxiety:** Positive coping mechanisms would include exercise, meditation, reading, further developing certain skills or hobbies etc. Use this era to increase your daily positive activities.
- **Stay connected:** Talking with loved ones while in isolation can help reduce the anxiety and instances of feeling down. Take time to utilize the multitudes of technologies and apps (many free) that can help you stay in touch with those you love.



Our Schools

where learning and joy come together

VKV Hurda

SPORTS MEET



On 21st January Sports day was organised for classes LKG to VIII. It was a day filled with thrills and cheers. The event opened with the races and the athletes participated with full energy. It was a delight to see the excitement with which the students challenged themselves to attempt a variety of events, such as 100-200 meters race, Lemon and Spoon race, Jalebi/Relay race, Long jump, Shot put throw etc. The winners were rewarded with the certificates.

VKV Rishabhdev

ZERO INVESTMENT INNOVATION IN EDUCATION

Zero Investment Innovation for Education Initiative was started by Shri Aurobindo Society in collaboration with MHRD. The society selected 12 innovative ideas applied by teachers during the workshops of Hub of learning at various locations in Rajasthan.

Mrs. Nisha Jain, TGT English was short listed & honoured for the same by Honourable Dr. Ramesh Pokhariyal "Nishank", HRD Minister of India & in presence of various dignitaries like - Shri Narendra Singh Tomar, Rural Development and Panchayati Raj Minister of India, Shri Anurag Thakur, Minister of State for Finance, Shri Prakash Javadekar, Minister of Information & Technology, Shri Pravin Singh Bhalla, Head of NCERT, Shri Pradeep Narang, Chairman of Shri Aurobindo Society and many others. The felicitation programme was organised at the Indian Institute of Technology (IIT), Delhi.



CULTURAL WEEK

In the nursery section, Cultural Week was celebrated from 28th Feb to 7th March. The atmosphere was lively and cheerful with activities like storytelling, action songs, dance and fancy dress competitions were held. For fancy dress, students dressed up in themes like - patriotic leaders, vendors, save the environment, reuse, recycle and refuse the plastic etc. Activities were conducted in the form of intra-class competition & the winners were awarded with the certificate of appreciation.



SCHOOLS CLOSED, LEARNING CONTINUES

During the lockdown period due to COVID-19, the teachers and students adopted advanced technology for online classes. WhatsApp/Broadcast groups were formed and study material was shared with the students. To Break the monotony of the online classes and to motivate the students, music classes were conducted by Sri Neeraj Tiwari and the painting class by Sri Laxyapal Singh.



Theme based activities like puppet show, recitation, self-introduction, importance of health-fitness and fancy dress competitions were conducted for class I to VIII students.

BAL MELA

It was organised in school premises on 13th January 2020. An array of stalls with variety of spicy & savoury mouth-watering food items and games were the main attractions of the Bal-Mela. The students cheerfully visited one stall to another relishing the snacks to their heart's content. Such events, filled with fun and frolic, give a chance to the students to enjoy their childhood.



TEACHERS TRAINING WORKSHOP

'Teachers Motivation & 21st Century Smart Skill', workshop for educators was organised by the resource persons, Mr. Gaurav Singh Solanki & his colleague Mr. Gourav Sharma where they discussed about the role of teacher in student's life. The main objective of the workshop was to understand the competency needed to be built throughout the school journey of a student &



to develop the right set of skills, general aptitude for new opportunities outside the traditional teaching & learning methods. It was quite an informative & great learning experience for teachers.

EDUCATIONAL TOUR

Students made a memorable trip to Agnihotra ashram at Ladvi, Maheshwar on the occasion of Swami Vivekanand Jayanti and learned about this unique process. Agnihotra reduces stress, leads to greater clarity of thought, improves overall health, gives one increased energy, and makes the mind full of love. The researchers from Germany and Australia at the ashram oriented the students about the process and



organic farming. They also got acquainted with forest culture and its development.

CLIMATE OLYMPIAD NATIONAL COMPETITION

Any transition is easier if you believe in yourself and your talent.

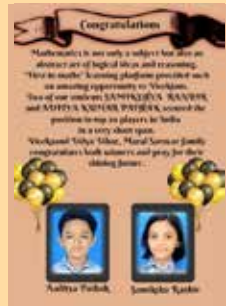


VVVian Satyam Singh of class VII bagged the 1st position at National Level while showcasing his critical thinking and talent in the National Climate Olympiad Competition 2019 organized by Green Mentor, powered by Law of Nature. He has been awarded as National Climate Champion

Award-2019 and a cash award of Rs 10,000. Maral Sarovar School management congratulates Master Satyam for his unbeatable success.

FIRST IN MATHS NATIONAL COMPETITION

A national level competition "First in maths" provided an amazing opportunity to the students of VVV Maral. Two of our students Samikshya Ranbir and Aditya Kumar Pathak have secured the position in top 20 players of India in this competition.



ONLINE CLASSES & WEBINAR



Nothing can beat the dedication of Vivekanand Vidya Vihar teachers and students intently studying online and not missing any day during COVID-19 pandemic. VVV's digital platform is available for students which includes E-class, educational contents, discussion, assignments, worksheets. School also shared

CBSE e-content for various subjects available on DIKSHA and UMANG apps with students.

UNDERSTANDING THROUGH ART INTEGRATED LEARNING

High order thinking topic like Continuity and Differentiability function of class 12 simplified and explained with the examples from the environment & neighbourhood.



Class 10 Mathematics

Beautiful Dance move illustrating the various Trigonometry concepts.



Class 8 Mathematics

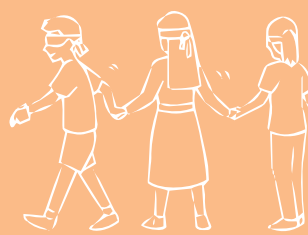
Quadrilaterals & shapes in Class 8 explained efficiently



ONLINE TEAM BUILDING SESSION

"Individual commitment to a group effort, that is what makes a team work, a company work, a society work, a civilization work." - Vince Lombardi.

At VVV Maral, Mind Mangement Workshop was organised where individuals undertake the responsibility of self development to make their team of colleagues and students soar to the heights of excellence. The dedication is what they stand for always.



and effortlessly to give clear understanding with the support of Abstract Art Painting Pieces.



Concepts like frequency and time period of the waves explained with the support of Musical instruments.

Chairman Emeritus Shri LN Jhunjhunwala and Smt. Shashi Agarwal visited Graphite School accompanied with Dr. B.R. Mehta, Director IIT-Delhi and Ms. Rashmi Baveja Principal, VVV, Maral on 25th January. The purpose of the visit was to see the working of school & to attend the demonstration of the learning of Coding for students. They visited the school labs and saw the working atmosphere of the school & interacted with students. While interacting with science students, Shri LNJ & Dr. Mehta told them about the simple principles behind the working of Solar Cell, Energy Band Gap, Energy Transformation, Force, Atom etc. Overall, this visit was monumental for the Graphite school family.



INTERNATIONAL YOGA DAY

On 21st June, International Yoga Day was celebrated at Graphite School. An online session was conducted by



Mrs. Arti Sharma (Faculty of Sanskrit). The session was commonly organised for teachers & students.

E-LEARNING FOR STUDENTS

The teachers and students of Graphite school started online learning medium where teachers with their e-lesson plans, invite students on zoom classes with subject wise time schedule. Pre-recorded videos, pictures, PPT's are shared with students. Teachers interact with students by sharing screen with content and use tools like clap, chat, raise hands Q&A etc. to make their teaching interactive.

Apart from teaching core subjects, inclusion of sports, yoga, meditation, value education has demonstrated higher engagement towards learning among young learners.

LIFE SKILL EDUCATION

To develop life skill education, two programs were adopted; a) Life Skill Curriculum by Eternal Ganges from Pre-primary to 5th standard, b) Awakened Citizen Program by Ramakrishna Mission from 6th to 9th standard. In primary section, students were motivated to perform



some activities like helping parents in their day to day work, folding of bed, tree plantation, caring of plants caring of pets at home etc.

ART INTEGRATED LEARNING ACTIVITIES:

Art Integrated Learning (AIL) is a teaching- learning model which is based on learning 'Through the Arts' and 'With the Arts': it is a process where art becomes the medium of teaching-learning, a key to

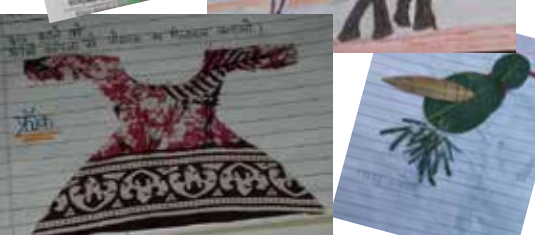
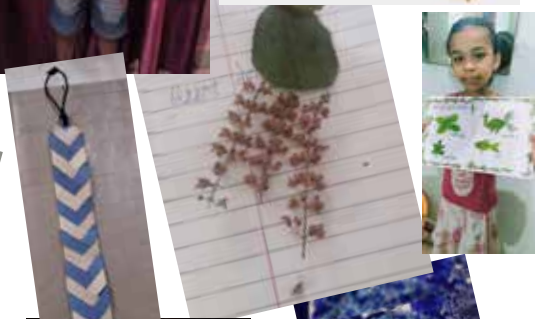
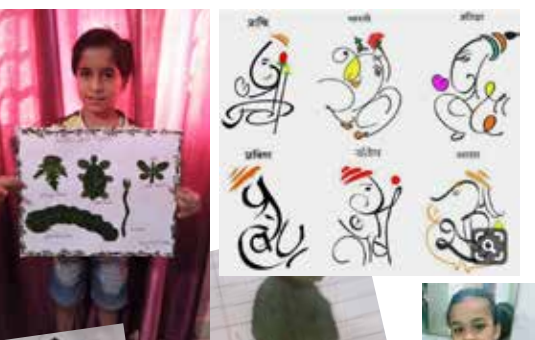
understanding concepts within any subject of the curriculum.

As an impact of an AIL session given by Dr. Pawan Sudhir on AIL during COVID -19 in class I to III an activity was conducted by teachers among students. This activity was about depicting various animals, patterns, creatures with the help of leaves and other parts of plants.

Students were happy to get engaged in some productive work and they learned about different body parts of animals, birds and other creatures. It also helped them to improve their gross motor skills.

As a summer break activity in primary classes, students had learned many learnings by performing virtual tour of given places. In this activity they have explored various local and national tourist places.





Incredible performance

CBSE 2020 Exams

MANY CONGRATULATIONS TO ALL THE STUDENTS FOR SHOWING INCREDIBLE PERFORMANCE IN CBSE 2020 EXAMS AND WE WISH THEM FOR THEIR BRIGHT FUTURE IN ACADEMICS.

Graphite

Class XII

Commerce stream

2nd



Geeta
Dawande
94%

1st



Shraddha
Ghoshi
94.2%

3rd



Phalak
Devnani
93.6%

Science stream

1st



Akshita
Khandelwal
89.2%

Class X



Khushi Rathore
1st position
87.2%,



Parv Jain & Divya Parmar have together secured 3rd position with 86.2%.



Singupalli Kartik
2nd position
86.6%

VKV-Rishabhdev

Class X



Anmol Mehta
1st position
95.4%



Hejal Parmar
2nd position
94.80



Harshita Pandey
3rd position
94.20%

AN EXCELLENT PERFORMANCE WAS PERFORMED BY THE STUDENTS OF VIVEKANAND VIDYA VIHAR, MARAL SAROVAR SCHOOL IN CBSE 2020 EXAMINATIONS

Commerce stream



Shivam
Singh
85.8%



Uttam A
Yadav
87.2%



Utkarsh
Pandey
83.6%

Science stream



Raghav
Purohit
92%



Anchal Paswan
90.8%



Ameya Anil
90.6%

Class X



Aliya Gupta
1st position
92.6%



Pratham Singh
2nd position
89.2%



Rewa Takazare
3rd position
87.2%

Perfect
100

Ameya has scored 100 marks in Physical Education

Commerce stream

A BRILLIANT PERFORMANCE IN CBSE 2020 EXAMS WAS EXHIBITED BY VIVEKANANDA KENDRA VIDYALAYA, HURDA SCHOOL STUDENTS IN CLASS X AND XII.



Shivani
Agarwal
91.2%



Divyanshu
Kothari
91.4%



Anushka
Kogta
90.4%

Science stream



Aakash
Maheshwari
95.8%



Akshi Jain
92.2%



Mohit
Sharma
92%

Class X



Mudita Gupta & Preksha Jain have secured 1st position in the class with 94.6%



Aryan Sikhwal
has secured
2nd position
with 94.4%



Nandini Paliwal
has secured 3rd
position with 92.8%

Perfect
100

Preksha Jain, Anshul Arora and Master Abhay Maheshwari have secured 100 marks in Mathematics.

Republic Day

To invoke spirit of patriotism and team-building among the employees at workplace, LNJ Bhilwara offices



Banswara



ADHPL



Mandpam



TPP



Rishabhdev



Kharigram



LNJ Denim



Ringas

throughout the country have celebrated the Republic Day to honour the Constitution of India. The celebrations started with flag hosting ceremony, followed by various programs.

In TPP the workers were awarded for their good performance. A mock drill for the plant employees by safety department on chlorine leakage accident was also conducted.

Tug of war game was organised by RSWM workers (Power Division). Cash prize was given to the winning team.

In ADHPL the G4S Security personnel presented a lively parade.

In RSWM Ltd, Mandapam Unit, best wishes message were conveyed to all the employees. In Ringas unit, the Guard of Honour was extended by the Chief Security Officer. The COO emphasised on the need

of consistent performance and productivity for the growth and development of the organisation.

In Banswara, the main attraction was a groomed parade, followed by a speech with the remembrance of our national leaders who contributed in forming the Constitution of India. Workers having the highest attendance record were rewarded. Employees who completed 25 years with RSWM were felicitated with shawl and certificates.

RSWM, Rishabhdev COO hoisted the National Flag in front of the Administration Block and conveyed his best wishes on this auspicious occasion.

In Kharigram Unit, folk dances and nation devout songs were performed by the employees. The COO addressed the gathering and gave message for improving the quality of yarn and emphasised on working in strict discipline. Prizes were distributed in the category of security, production, attendance, safety etc.

In LNJ Denim Unit, the celebration started with flag hoisting, followed by Guard of Honour, and a march past. While addressing the gathering, emphasis were laid on national integrity, prosperity and the importance of our society. Towards the end, sweets were distributed to everyone.

Lohri

This harvest festival was celebrated with many cultural programmes with devotion and cheerfulness by staff members & the families of Mandpam Unit. Families gathered around the bonfire and offered sweets. Lohri celebrations in Mandpam Unit symbolized the spirit of brotherhood and unity amongst all members of the

unit. Ringas and Rishabhdev celebrated with traditional games like-Gulli Danda, Sitolia, Kite flying etc. Beautiful Bhangra and other dance performances were presented by RSWM staff Club. At Kharigram, newly wed couples and new born babies were blessed and gifts were distributed.



celebrations & festivals

Holi

Holi is considered as one of the most revered and celebrated festivals of India and it is celebrated in almost every part of the country. It is also sometimes called as the “festival of love” as on this day people get to unite together forgetting all resentments and all types of bad feeling towards each other. Our staff members also played colourful Holi by smearing colours on one another. Songs and dances were performed by our staff members. Holi was celebrated at TPP, Mandpam, Ringas, Banswara, Rishabhdev, RSWM, LNJ Denim.

At Kharigram and LNJ Denim Holi colours were avoided. Everyone greeted each other personally with maintaining social distance and over phone as well. In view of safety of all and following guidelines of State Government for Covid -19 pandemic, the social gathering was avoided on the festival day.



Banswara



Rishabhdev



LNJ Denim



Kharigram



TPP



Ringas



Mandpam

International Women's Day -



It has been rightly said “Where there is a woman, there is magic”. At HEG we truly appreciate and value women employee’s contribution and strength in playing so many roles together at home and office. In RSWM Ltd, Lodha Campus female workmen were welcomed by tilak, bouquet and prasad. They were congratulated for a better and brighter future on this special day.



Maha Shivratri

LNJ Denim & Mayur staff along with their family members celebrated Maha Shivratri at Lord Shiva Temple. In Banswara and Mandpam, a Bhajan Sandhya was also organised for families.

The Puja was performed with full devotion and prasad was distributed among all staff and workers.

In all RSWM units, Mahashivratri was celebrated with well decorated Jhanki of Lord Shivji prepared by the staff club team. The staff along with their families attended the Bhajan Kirtan Sandhya which lasted till mid night. Prasad was distributed to the devotees.



Rishabhdev



LNJ Denim



Mandpam



Banswara

Basant Panchmi

On the occasion of “Basant Panchmi” LNJ Denim & Mayur Staff club members organized Sarswati Pujan with full devotion & enthusiasm



LNJ Denim

at LNJ Nagar Colony, Mordí on 29th January, 2020. The staff with their family members had worshiped Maa Saraswati and wished for Good health, wealth & prosperity in personal & professional life.

National Road Safety Week



The 31st National Road Safety Week was celebrated from 11th to 17th January, 2020. During the week long celebrations, different trainings on health, safety and environment awareness were imparted mainly to drivers, heavy machinery operators and other staff/workers of ADHPL. The objective of celebrating road safety week was to make people aware about safe driving practices and general road safety awareness.

Makar Sankranti

The Festival was celebrated with great enthusiasm. TPP staff members organised various activities like cricket match, gulli danda, sitolia and traditional plantation at Bhairav Temple. Kharigram Pariwar, Rishabhdev, RSWM spinning staff club and Ringas also enjoyed the day with traditional games and flying kites of various colours. RSWM Staff Club also organised many cultural programmes enthusiastically with devotion and cheer. At the end, everyone wished each other and enjoyed heavy snacks and tea.



TPP



Kharigram



Banswara



Rishabhdev

National Safety Week

The 49th National Safety Day was celebrated on 4th March, 2020 at TPP, RSWM, Ringas, Banswara, Rishabhdev, LNJ Denim. National Safety Flag was unfurled at ADHPL. On this occasion competitions on "Safety Slogan", "Safety Poster", "Safety Essay", & "Safety Poem" were organized among the plant employees. In certain offices a demo on safety parameters was given by the security team. The awards were also given to workers & employees who performed best safety practices.



LNJ Denim



ADHPL



Rishabhdev



Banswara



Ringas



TPP

World Environment Day



International Environment Day was observed on 5th June, 2020. A function was held at HEG Ltd.

Mr. Manish Gulati, the Executive Director of the organization presided over the function. Leading from the front, he planted a tree to mark the



beginning of a tree plantation drive in which senior officials of the company also participated. Mr. Gulati pledged to plant thousand trees every year by HEG. "When you plant a tree, you plant a hope" is the message he conveyed. At LNJ Denim, the Business Head along with all the staff and their family members have also planted trees at Gamdi Staff colony area.

celebrations & festivals

Birthday Celebration

A birthday function was organised at RSWM Mandpam Unit towards the month end to celebrate employees



birthday which comes in that month. Celebration took place with cake cutting and best wishes from their colleagues and seniors.

New Year Sneh Milan

On 1st January 2020, "New Year Welcome Program" was organised at Mayur Nagar, Lodha campus.



All the Local Dignitaries, District Administration, Trade Associates, Politicians and prominent citizens of Banswara town attended the program. The function started at 8 PM with grand entry of Shri Rajeev Kumar Jain - Business Head-Operations (YB). A beautiful Rangoli was the main attraction of this function. The musical team entertained the employees & their families during the New Year Sneh Milan program.

Sports Day

The staff club, RSWM-Rishabhdev organized a one day sports event for staff and their families on the



occasion of Republic Day i.e. 26th January, 2020. Interesting events like 100 mtr. race, spoon race, long jump, high jump, shotput, tug of war, etc. were organised. The COO and all staff members with their families enjoyed the entire day by participating in various events.

Holi Celebration and Felicitation of 151 Teachers on Women's Day

On the occasion of International Women's Day, a small gathering



was organised at Manuhar Vatika in Ajmer. To spread the message of save water and save environment, a small gathering of Holi festival was also organised where participants played Holi with colour and flowers. To remark Women's Day, 151 teachers from different part of Ajmer were felicitated by Shri Riju Jhunjunwala, President, Jawahar Foundation and also provided them with certificates and shields.

Ganeshji Mandir Patotsav

Patotsav of Siddhi Vinayak Ganeshji was celebrated at RSWM Rishabhdev on 7th February, 2020. The puja ceremony started in the



morning and COO along with spouse performed the hawan-pujan. A team of Pandits from Khadagda performed the Maha Ganapati Pujan,

Kund Pujan and Sapsati Path. The staff along with their family performed the Hawankriya with full devotion. The Puja ended with Purnahuti and prasad distribution to everyone.

Khatu Shyamji Mela

As per tradition this year also, RSWM, Ringas unit actively extended the services in the interest of the public, during Khatu Shyamji



Mela, held from 27th February to 7th March, 2020. On the occasion, members of staff club, Ringas Unit and Ladies Club have participated in the function and donated Ceiling Fans and Carpets to the Government Schools, out of their own savings to facilitate the need of School's Children.

Lord Khatu Shyam Fair- Fruits Distribution

On 7th March 2020, an auspicious occasion of Lord Khatu Shyam Ji's Fair, RPSF Division distributed orange and buttermilk to general



public. During this event, the members of the women's club and all staff members of Ringa Unit have contributed. They came in front with full enthusiasm and devotion for such a noble cause.

HEG

Bhoomi Poojan - Akshaya Patra,
Bhopal & Chhindwara



Bhoomi Poojan for Akshaya Patra's Mega Kitchen in Bhopal took place on Tuesday, 3rd March, 2020 in the presence of Madhya Pradesh, Chief Minister, Shri Kamal Nath at the kitchen site behind Shahpura Thana, Bhopal. The mega kitchen, under the exclusive sponsorship of HEG Ltd, will serve 50,000 meals every day as part of the mid-day meal scheme of the government in their schools.

Chief Minister, Shri Kamal Nath was the Chief Guest of the event. He participated enthusiastically in the proceedings. Mr Jhunjhunwala could have spent that money under CSR anywhere but he chose to bring smiles on the faces of kids here with this initiative.

Dr Govind Singh (Minister of Cooperatives, Parliamentary Affairs and General Administration), Shri Kamleshwar Patel (Minister of Panchayat and Rural Development), Akshaya Patra Vice-Chairman, Shri Chanchala Pati Das, HEG's CMD, Shri Ravi Jhunjhunwala and HEG's Executive Director, Shri Manish Gulati were the other distinguished guests at the ceremony.

HEG has committed Rs 10 crore to set up the mega kitchen in Bhopal for 50,000 meals per day. Apart from this, HEG will also support the revenue expenditure for 5 years amounting to Rs 5 crore per year.



A similar kitchen for about 7,000 children was recently inaugurated in Chhindwara district on 20th February by the Chief Minister. This mega kitchen will also operate with support of Akshaya Patra and HEG. HEG has committed Rs 4 crore for setting up this kitchen and all revenue expenditure of three years (amounting to Rs 1 crore per year) for approx. 7,000 students.

Webinar on Journey of Global Parli



Global Raisen Outreach activities began in February 2020 after finalizing fruit varieties and setting up a Project Office at Obedullahganj. By March, the team had conducted outreach activities in 225 villages of Raisen District. These activities continued during the lockdown period but keeping in mind the social distancing norms and movement restrictions also. The team has been engaged in using methods such as social media, voice and SMS calling, and in-person calling to encourage farmers to switch to fruit trees such as custard apple, lemon, guava, mango, orange and drumstick.

COVID-19 Relief Fund Donation

LNJ Bhilwara Group in an effort to fight against the raging pandemic of COVID-19 has assisted our



fellow countrymen with an overall contribution of Rs 5.5 Crore. The contributions have been made in the following manner.

- Rs. 2 crore to the PM-CARES Fund
- Rs. 1.5 crore to Madhya Pradesh CM Relief Fund
- Rs. 1 crore to Rajasthan CM Relief Fund
- Rs. 50 lakh to Himachal Pradesh CM Relief Fund
- Rs. 30 lakh and Rs. 20 lakh to the Bhilwara & Ajmer local DM Relief Fund respectively

The Jawahar Foundation which works directly for the welfare of Bhilwara and Ajmer people from past, has been working on ground during this pandemic by distributing food packets and other necessary items to the underprivileged families.

ADHPL

Scholarship Scheme

ADHPL provides scholarships to the brilliant and needy children of local area. The Scheme is available for

students of 9th to 12th and some technical courses as defined in



the policy. This year 64 students had applied for scholarship. After detailed scrutiny of applications and interviews of candidates. 38 students qualified for the scholarship. An amount of Rs. 0.66M was distributed, through cheques, among the successful 38 candidates of different classes from the local villages. The local villagers, students and teachers appreciated the scholarship policy of ADHPL.

Intensive Pulse Polio Immunization Campaign



Pulse Polio Immunization Campaign was conducted from 19th to 21st January, 2020 at ADHPL Health Centre, Prini by providing polio drops to the children below 5 years age. Door to door campaign was also carried out by the health workers of ADHPL in the surrounding villages on 20th and 21st January, 2020. Total 100 children were given polio drops during the pulse polio campaign. Two vehicles were also provided to the State Health Department, free of cost, for pulse polio campaign.

Distribution of 15500 Food Packets & 40000 Masks in AJMER & BHILWARA

During the COVID-19 pandemic, around 13000 food packets were distributed in Ajmer and 2500 food packets in Bhilwara under the banner of Jawahar Foundation and team members of different NGOs working under the supervision of Shri Rajnish Kumar, OSD, LNJ Bhilwara Group. A team comprising of more than 400 members were assigned to work for the Ajmer area and 200 members for the Bhilwara District. Among those associated were Shri Rajender Goyal, Ex-Chairman Nasirabad Municipal Council, Shri Shiv Bansal, Ajmer DCC Gen Secretary, Ms. Saba Khan, President of Ajmer Mahila Congress, Shri Saurabh Yadav, Secretary of Purvanchal Samiti, Shri Shailender Agrawal, President Ajmer Agrawal Samaj, Shri Yasir Chisti, President Ajmer Youth Congress, Shri Gul Mohammad, President Youth Congress Nasirabad, Shri Sanjay Maru, Youth Leader Kishangarh, Shri Jagdish Jigar, Ex-Councilor Kishangarh, Shri Rishi Tak, Youth Leader and IT Cell Expert from Masuda, Shri Ram Karan Kichi, Congress Worker Dudu, Ms. Uma Malankar Mali, Samaj Leader in Sarvad/Kekri, Shri

Tarachand Gehlot, President PJCS Pushkar had collectively worked together during this hard times. Activities undertaken during this pandemic comprises of the feeding of cattle, birds, deers in the Pushkar Forest Park, and to feed monkeys and dogs in different assemblies of Ajmer.

We had also distributed 20000 masks made of weaved clothing that can be washed and reused in Nasirabad, Kishangarh, Dudu, Masuda, Sarvad, Kekri, Pushkar and different locations in the city of Ajmer. In continuation to this, 20000 masks were also distributed in Bhilwara, Mandal, Jahazpur, Asind, Gulabhpura and Gangapur area in Bhilwara District. Among those who worked and coordinated in the entire process at Bhilwara were Dr. Ashok Singh, President PJCS, Shri Rakesh Mansinghka, Shri Ram Dyal Balai, President Congress Sc Cell Bhilwara, Harun Rangrez, Secretary DCC Bhilwara, Mohit Goswami, Member Jawahar Foundation, R.K.Jain, IT Expert and Sumit Khandelwal. Members of Team Jawahar Foundation and Team Purvanchal had coordinated with Government Officials to start train services/Sharmik Specials for the stranded labourer and people stuck in District of Ajmer and Bhilwara.



New Bio-Chemistry Analyser Installed

A new blood Bio-Chemistry Analyser was installed in ADHPL dispensary under its CSR initiative to serve the patients from local villages. Now, tests like Blood Sugar, Urea, Creatinine, Uric acid, Lipid profile, Na, K, Ca etc. can be



done in the dispensary which will boost the diagnostic facility in the area. Earlier Haematology analyser was also installed in the dispensary under CSR activities of ADHPL. The cost of Blood Bio-Chemistry Analyser is Rs. 0.11 Million.

Rishabhdev

Blankets Distribution by Ladies Club

On Makar Sankranti Day, 14th January 2020, Ladies Club, RSWM Rishabhdev distributed blankets to sixty people employed in the unit. All members of the club actively participated in the programme. Every year the club is distributing household items on this auspicious day.



Felicitation of 500 Trained Workers under Jawahar Foundation, Ajmer

The Jawahar Foundation was started with an objective to work and help in providing Employment, Education, Water Harvesting, Plantation, Women Empowerment and Sports activities for underprivileged and the poor. Recently, it started several skill development centers in different locations of Ajmer District. In the last 3 months, 500 women were trained in skill development related to cutting, stitching, tailoring and other activities.

On 4th March 2020, an Award Ceremony was organised by Jawahar Foundation under the leadership of Shri Riju Jhunjhunwala. Recently, the foundation has started Cutting Tailoring Center for poor women in December 2019 with 4 centers in various locations of District Ajmer.

In a short span of time the centers increased to 17 with a strength of 700 women getting their training.

After the successful training of 1st batch of 125 women in an association with Ministry of HRD, Shri Riju Jhunjhunwala awarded certificates and trophy to all the womens. He also awarded Sewing machines to first three women of the batch. Shri Riju Ji also awarded certificates to few bureaucrats like; IAS, Dr. Artika Shukla and IFS, Mrs Sudip Kumar for their outstanding performance in their field. Almost 900 people participated in this ceremony from all over Ajmer District. A beautiful cultural programme was presented by Colina Shakti and her team from Pushkar on this occasion.

Many dignitaries were present during this day like; Dr Shri Gopal Baheti, EX-MLA, Navnnet Mathur, Shri Sagar Sharma, Shri Mahender Singh Ralwata, Shri Rajiv Sharma, Shri Lokesh Sharma, Shri Yashir Chisti etc.

At the end Shri N Mudgal, Secretary- Jawahar Foundation has given vote of thanks to all the participants & dignitaries and also presented National Anthem.



Dr Radhakrishnan Teachers Association Meet

A meeting of teachers who were retired from their services was done by Dr Radhakrishnan Teachers Association at Press Club Ajmer to extend their support and work for social cause in a united platform. For the first time an association for the retired official site has been formed by Dr Radhakrishnan Teachers Association to give them a chance to work for social causes as they have retired and they should start a new phase of their life.



This meeting was attended by thousands of retired teachers and officials from Education Department which was chaired by Shri Mahendra Singh Ralawata, Secretary PCC, Rajasthan and various religious leaders as well.

It was decided in this meeting that the association will closely work with Jawahar Foundation, an initiative started by Shri Riju Jhunjunwala to benefit the society at large and work hand in hand for social cause.

Mr Rajnish Kumar, OSD, LNJ Bhilwara Group was also present and assured all support to the organisation for their noble cause as this association is first-of-its-kind in Rajasthan which will give opportunity to retired officials to get aligned and work with social organisations in Ajmer.

Now days, government teachers are binded with various rules and regulation and the retired officials can easily work in this empty space.

Installation of Water Softner Plant at Govt. Senior Secondary School



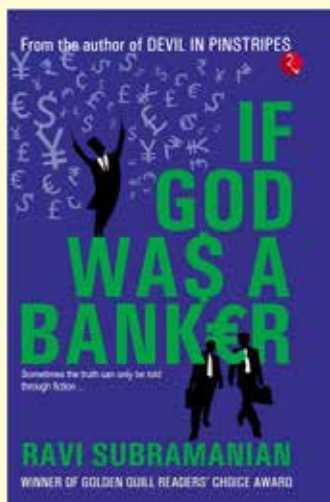
A water Softner Plant was installed at Government Boy's and Girl's Senior Secondary School, Shahpura, Bhilwara. The water plant was placed in the school premises by Shri Riju Jhunjunwala, Industrialist and President, Jawahar Foundation for the cleaning and

softening of water and thereby providing safe drinking water to thousands of children studying in both the schools.

The Plant was inaugurated by Chairperson, Smt. Kiran Toshniwal, Nagar Parishad Shahpura, Shri Naman Ojha, Deputy Chairperson Nagar Parishad, Shri Pawan Gupta, DGM-Legal, RSWM Gulabpura and Shri Rajnish Kumar, OSD, LNJ Bhilwara Group.

The students and teachers in both the schools require safe & hygienic drinking water. They truly thanked the organisations for such a noble initiative.

Good Read



If God Was A Banker

by Ravi Subramanian

If God Was A Banker, the story revolves around two management graduates in the rat race for success. Sundeep is ambitious and selfish, which leads him to achieve his goals through unscrupulous means. Swami is the exact opposite as he sticks to his morals and ethics to ensure success in his career. Swami's ideal and ethics keeps him behind Sundeep in terms of performance at the New York International Bank where they both work. Sundeep's rapid rise up the corporate ladder and his popularity with colleagues disguises his real motives and cunning mind. The story also has a main character, who is a friend and counselor to both of them and he has his own philosophy which is based on his experience and is genuine. He always taught what he deemed right. In spite of all the facts, the temptation of untold riches was too strong for Sundeep and he continued on his quest for more ill-gotten financial gain. All through the novel, the backdrop is the corporate bank environment, which is so polluted that

the characters are portrayed as people who are ready to deviate from the righteous path at the drop of a hat.

The book reads like a film, but gives you an insight on the probable follies, exploits, games played within the corporate foreign banking environment. Sometimes they say, too much intelligence is a bad thing, it makes you do deviant things. The character of Naresh, a uniquely Indian character. Shrewd manipulator, crafty exploiter of weakness for his own self-gain.

The book ends with a message to be honest, genuine and ethical in whatever you do. The wrong ways may give you intermediate success and pleasure, but ultimately leads you to the wrong destination. And, it can even ruin your life along with your family's.

Sometimes the truth can only be told through fiction.

RSWM-Melange

Highest Attendance Reward
for 2019



Employees have been recognised and rewarded on the spot for their exceptional work and highest attendance by Dy Business Head (MYB). A total of 72 rewards (Jan-Dec 2019) have been disbursed in the highest attendance category.

Banswara

Retention Award to TGT



As per the commitment by the RSWM during the campus interview for TGT service, if a candidate accomplish more than 5 years of service then, he/she would be felicitated with a one time award money of Rs. One lac eight thousand and the same was given to Shri Lakhani Singh Choudhary – Executive (Spinning) by the Chief Operating Officer.

Kharigram

Brilliant Children



Ms. Parul Singh, D/o of Mr Vinay Kumar Singh, Sr. Executive-Spinning Production at Kharigram cleared CA final examination in her first attempt & secured 4th rank at district level. She has always been a meritorious student at school, got 93.6% at Secondary & 10 CGPA at Sr. Secondary level. RSWM family congratulate her on this great achievement.

A Healthy You

What You Eat Affects Your Mood

Diet is important for our physical health & mental health. A balanced diet full of veggies, fruits and antioxidant-rich food can reduce stress and anxiety levels.

Coconut: Fresh coconut contains fats that enhances mood and also improves the health of your brain.

Nuts: Items of nuts and seeds family, pumpkin, lentils, cashews and peanuts are rich in magnesium and help in relaxing muscles and act as a mood stabiliser.

Banana: Fights depression. It provides energy, helps in development of cells, and promotes the health of the nervous system. If you are irritated, angry, stressed or depressed you are low in vitamin B and bananas is the right fruit.

Cherry Tomatoes: Lycopene component in tomatoes can ward off depression. It has antioxidants that enhances your mood.

Spinach: A versatile vegetable with many health benefits. Besides iron,

spinach has folic acid that makes you feel better. Folic acid improves the health of red blood cells and your immunity, protecting you from diseases.

Eggs: A rich source of proteins, vitamin B, zinc and Omega 3. Eggs are a great way to start your day.

Whole Grain: There are good carbs and bad carbs. Good carbs help you fight sadness and depression. It relieves you from constipation and provides energy. Selenium present in whole grains fights free radicals and boosts immunity.

Honey: Honey will make anyone happy, and keep you going like a busy bee. Kaempferol and quercetin are two properties present in honey that improves the health of the brain and reduces inflammation. If you dip strawberries in honey, it works as an aphrodisiac and improves your mood.

Cheese: Cheese is fattening in large quantities and difficult to digest. The right quantity cheese can make you happy as cheese is

a good source of zinc. Zinc helps in cell development, improves the texture of your skin and hair, and builds your cognitive responses.

Asparagus: A great vegetable to improve your mood as it contains both folate and tryptophan. Tryptophan produces serotonin in the brain that stabilises moods.

Dark Chocolate: Dark chocolate is an antioxidant that improves blood and prevents premature aging. Cocoa is a potent source of serotonin, dopamine, and phenyl ethylamine. Top three well-studied neurotransmitters, they help in keeping depression at bay and are associated with the feel-good factor.

Beetroot: It contains Folate, Magnesium and Uridine. These properties help in enhancing your mood as they work as neurotransmitters.

Sweet Potato: Beta-carotene and B6 are found in sweet potatoes. These are responsible for your brain and B6 works as a mood enhancer.

LNJ Denim

Farewell of Shri Manoj Kumar Jha



A farewell programme was organized by LNJ Denim & Fabric Division, Mordi at Gamdi Colony on 1st July, 2020 in the Honour of Shri Manoj Kumar Jha – General Manager (HR & IR) Department after completing a distinguished service for 2+ years with LNJ Denim, Mordi. On this occasion, Shri Suketu Shah – Business Head appreciated his valuable contribution in the progress of the organization & wished him success in his upcoming assignment.

The staff expressed gratitude and appreciated about his working style and behaviour during his tenure.

HO

Superannuation of Shri Sudhir Sood

Shri Sudhir Sood, Group President & CHRO has attained retirement from the services of LNJ Bhilwara



Group on 31st March, 2020 after serving the Company for 7 years. He joined as Sr. Vice President (HR) in Feb'2013.

During his tenure, he effectively & collectively handled challenging assignments for the overall progress of group. We wish him a happy, healthy and peaceful retirement life ahead.

HO

Retirement of Shri Pankaj Kumar Sinha

Shri Pankaj Kumar Sinha joined RSWM in September, 2009 as a DGM-Legal and superannuated in February, 2016. He was re-appointed as Advisor-Legal till March 2020. He served RSWM Ltd. for 11 years, advising the company on every legal matter such as legal risks, compliance with regulations and corporate governance etc. His valuable contribution in the progress of the organization will always be remembered. We wish him luck, prosperity and happy retired life.

Retirement of Shri Krishan Lal

Shri Krishan Lal joined RSWM as Vice President - Corporate IT in October 2011 and superannuated in April, 2015. His services were



further extended as Sr. Vice President- Corporate IT and attained retirement on 31st March, 2020. He has served the organisation for 9 long years in ERP Implementation and distinguished roles.

His perseverance helped the team to perform better in a challenging environment. We wish him good health and prosperity during his retired life.

Ringas

Retirement of 4 Members of the team

A felicitation programme was organised by Staff Club, RSWM Ringas on 29th February 2020, in the HRD Centre, in the honour of Shri C.M. Verma – Assistant Manager (Mixing), Shir Gopi Ram Sevda – Assistant Officer (Maintenance), Shri Govind Prasad Sain – Executive (Engineering), Shri Rajesh Kumar Vashistha – Supervisor (QAD) who have retired from their services.

On this occasion, Shri Avinash Bhargava, Chief Operating Officer appreciated their contribution to the growth of the organisation. The Staff members expressed their best wishes for peace, prosperity, happiness and sound health to the retired four persons.



The friendly **Fiji Island**

our Bula spirit awaits you

In Fiji, 'Bula' is more than just a greeting. It's a wish for happiness, good health and the energy of life.

With incredible wildlife, stunning beaches and a huge range of adventure activities, Fiji is really just one big playground. Grab some snorkels and discover little critters on the reef or learn to dive at any of the many excellent dive spots. You can jump on a jet ski, kayak through mangroves or head inland to hidden waterfalls and float down rivers on a bamboo raft. Or simply let them swim and build sandcastles to their hearts content on long sandy beaches. Fiji's relatively small size means getting around is easy, so you can squeeze more activities into each day

Things to do:

The ultimate Bag packing adventure

With beautiful lush rainforests, vast coral reefs and an enlightening South Pacific cultural experience - Fiji is an epic destination for backpackers of all ages. You can make your Fijian backpacking holiday as relaxing or adventurous as you please. Here you can make numerous ocean-based activities i.e. dive, surf and snorkel in our beautiful seas, play golf, visit to Amazing rainforests or just chill as time passes you by on a white sandy beach.

Places to go

Chase adventure and culture on the Coral Coast

Coral Coast's brilliant palm-lined beaches and sparkling fringing reefs are scattered in little pockets along this stunning coast, sprawling family-friendly resorts rub shoulders with budget and boutique properties touting kids-clubs and fun-filled

days out on the water snorkeling, diving and surfing. An exhilarating jetboat ride up the Sigatoka River to visit a rural village, riding the coastal railway on the world's only solar-powered velocipede at Ecotrax or letting the kids play ranger with turtles and iguanas at Kula Wild Adventure Park. Stop by the Sigatoka Sand dunes – Fiji's first national park to scour its towering slopes for beachy treasures and learn about some of Fiji's first settlers, the Coral Coast ticks all the right boxes for a great getaway. The Coral Coast in Fiji begins 15kms south of Nadi Town with beautiful scenery of sugarcane fields, pine forests and amazing views of the South Pacific Ocean.

Denarau Island

Sprinkled with high-end resorts, sandy beaches, and an 18-hole golf course, Denarau Island offers luxury tourism at its finest. Located in Fiji's tropical paradise-like setting, it's one of the South Pacific's most attractive destinations for holidaymakers in search of a little rest and relaxation

Kadavu

Landscaped gardens of Fiji's traditional tourist beat, Kadavu's vine-tangled jungles, rocky headlands and isolated beaches feels wild and raw.. More adventures await you on land along hiking trails that are swallowed up by dense rainforest and re-emerge at spring-fed waterfalls and secluded white-sand beaches

Mamanuca Islands

Dangling off the coast of Nadi, this string of 20 idyllic islands are one of Fiji's most popular and accessible islands destinations. Regular daily boat transfers from Port Denarau on Denarau Island and even shorter flights from Nadi Airport get you to the beach quickly with plenty of time

to spare for exploring the island and its garland of coral reefs. Mamanuca islands can add its calm, clear lagoon to its long list of charms.

Nadi -the jet set hub

If you're headed this way, it's likely that Nadi will be your first (and last) stop. As the home of Fiji's international airport, this multicultural town links Fiji to the world. It is also your transition port to other parts of Fiji. Whether you're stopping off here at the start or end of your journey, or staying nearby - there's lots to explore in Nadi. If you are in transit, you are encouraged to get out and explore the region if you have more than four hours between flights.

Fiji's Outer Islands colonial charm meets quaint culture.

The quiet, natural beauty of Fiji's outer islands provide the perfect escape for curious adventurers and cultural connoisseurs. Despite being Viti Levu's close neighbour, much of Lomaiviti's seven large islands still feel like a secret. If you're headed to these group of islands, it's worth stopping over at Levuka – Fiji's captivating colonial capital - on Ovalau island. Stay a day or two to really soak up the UNESCO World





Heritage town's dramatic scenery and intriguing history. The thriving reef is a huge attraction. Adorning Fiji's eastern border, the fabulous Lau islands are about as far-flung as it gets in Fiji. Whilst transfer services these islands are limited, resorts like Vatuvara Private Islands Resort in the Lau group and The Wakaya Club in the Lomaiviti Group can conveniently connect guests to their private island with ease in their private planes to and from Nadi. If you're one of the lucky few who make it to Lau, you'll be rewarded with some of the most jaw-droppingly beautiful islands in Fiji.

Pacific Harbour and Beqa Island

This quiet leafy nook, sandwiched between a gorgeous stretch of coast and a championship golf course, packs a big adrenalin punch.

With dramatic mountains, winding waterways and the spectacular Beqa Lagoon as it's playground, the region is jam-packed with activities that will leave you salty-haired and rosy cheeked. Go waterfall hunting on 4WD jaunts into the jungle, zip through the canopy or battle rapids on the gorgeous Navua River. Pacific Harbour is a place to go when you're in the mood to let loose a little.

Savusavu and Surrounds

Picturesque Savusavu – a quaint coastal town built on the backs

of the copra, beche-de-mer and sandalwood trades – is the island's tourism hub. Fantastic resorts line the coast while holiday rentals hug steep hilltops overlooking the yacht strewn bay. Yachties use this little pocket of paradise to restock and mingle with the friendly locals before cruising Fiji's remote Lau islands. Snake rock temple and the chance to fill your bellies with some of Fiji's tastiest Indo-Fijian cuisine. If you like your paradise laid back with a side of adventure, then you might be tempted to linger here a little longer.

Suva and Surrounds-experience history and heritage

Suva is one of the most cosmopolitan centres in the South Pacific, home to around a third of Fiji's population. Suva is the economic, educational and diplomatic hub in the South Pacific region. As one of the primary ports-of-call for the cruise liners visiting Fiji, Suva is a great place for you to jump ship and explore the city, learn about Fiji and the region at the Fiji Museum located at the beautiful Thurston Gardens and to check out the small shops and markets full of handicrafts and fresh food.

Yasawa Islands

Blessed with dramatic peaks and sun-drenched white sand beaches, the Yasawa Islands is the quintessential paradise that lies Northwest of the main island Viti Levu. The region is a haven for nature lovers and is definitely a mariner's dream for an adventurous ocean escapade. The natural exotic beauty of the Islands has earned them spots on Hollywood movie sets and is a popular choice for reality shows. Even if you've committed to one island, there are secret beaches to

discover, deserted bays to snorkel and scenic lookouts where you can watch the sun slip into the sea.

Getting around Fiji

Getting around 333 remote islands is a once in lifetime experience. Fiji is home to dramatic volcanic landscapes, vivid blue lagoons, colourful reefs, spectacular sunsets and balmy tropical nights. Whether you fly, cruise or drive, you'll find that paradise isn't as far as you think. For intercity travel, Buses, taxis, car rentals, water taxis ferries etc. are available on a regular basis.

Taxes

A 9% Government Value Added Tax (VAT) is applicable to all goods and services in Fiji. Visitors staying in hotels and resorts are subject to 6% Service Turnover Tax (STT) and Environment & Climate Adaptation Levy of 10%.

You can claim a Tourism VAT refund at the airport and be sure to have your original purchase receipt.

As a famously friendly nation, Fiji welcomes visitors by making the immigration process as pleasant as possible.

Official Website

<https://www.fiji.travel>

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