

OPINION

Quarterly Newsletter of LNJ Bhilwara Group



PROUD TO BE INDIAN
PRIVILEGED TO BE GLOBAL

Volume XXV | Issue 3 | October-December, 2019

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message

In a growing society, we are extremely critical of everything and forget to celebrate success. I strongly believe that if we celebrate success, you create

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"Every game is an opportunity to measure yourself against your own potential."

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Maral Overseas Ltd, Maral Sarovar won the prestigious National Safety Award for performance year 2017 in two categories (i) Minimum Average accident frequency rate (Winner) and (ii) Accident free year (Runner-up).

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Benefits of having Amla on daily basis

- Slows Down Aging
- Cures A Sore Throat
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Ajmer Dargah picture gifted to Riju Jhunhunwala by local leaders



Tree Plantation at Jail Training Institute, Ajmer



Indira Gandhi Birth Anniversary celebration with local DCC leaders



Launch of Jawahar Foundation, Ajmer



Riju Jhunhunwala addressing Media on local Ajmer issues



Tree Plantation at Ajmer

Editorial Board

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Chairman's note

In a growing society, we are extremely critical of everything and forget to celebrate success. I strongly believe that if we celebrate success, you create another success story. With this note I wish all my colleagues of entire LNJ Bhilwara Group - A pleasant and a memorable end to 2019 and a positive beginning to 2020.

2020 will thus be the year when India has to revive its story domestically and globally. India has to ensure that its economic reforms translate into higher growth, investment to pick up, demand gets a boost and there is yet again, a virtuous cycle which makes India an attractive destination.

In the middle of second quarter, the government had announced a set of reforms with a view to boosting credit growth and ramping up investments. Though India's growth outlook has weakened sharply this year, with a crunch that started with the non-banking institutions, spreading to retail businesses, car makers, home sales and heavy industries. Industrial output has dragged down by a sluggish manufacturing sector. While the outlook for capital inflow remains positive, India's exports could face headwinds in the event of sustained global slowdown.

The Commerce and Industry Ministry has prepared a blueprint to further improve India's ranking in the World Bank's ease of doing business index with a focus on six parameters, including enforcing contracts and starting a business.

The ultimate goal would be to develop an export competitive manufacturing base. The Delhi-Mumbai industrial corridor was largely about such a vision. We need to develop an enabling environment for such a base to develop – trade diplomacy, soft reforms in taxation & customs and support for Indian private firms going overseas.

The global slowdown in steel demand coupled with increased steel exports from China is expected to impact demand of electrodes. Steel prices also continue to remain under pressure and combination of these factors have resulted in significant correction of electrode prices.

In the end, I would like to say that we must recognise all good work and applaud every success. Even one good work done in a corner shouldn't remain isolated. Our contribution to the welfare of communities and to build a most trusted company is a priority.

"Motivation is what gets you started. Habit is what keeps you going"

With best wishes.

Ravi Jhunjhunwala

HEG

Volleyball Tournament

"Every game is an opportunity to measure yourself against your own potential."



An Inter Unit Volleyball Tournament was held in HEG premises on 30th November, 2019 between HEG employees. The staff from different departments participated in this tournament with full enthusiasm and players put their best efforts for exciting & thrilling matches.

Annual Sports Day

The HEG Annual Sports Day was held on 25th December 2019 inside the premises and many employees took part in the same with much



enthusiasm. It was organised for those incredible moments where sheer human will & desire to overcome the odds and these are the moments which we remember for long time.

LNJ Denim

Inter Unit Carrom, Chess & Badminton Tournament

The 3rd Inter Unit Carrom & Chess Tournament was held at Rishabhdev from 11th to 12th October, 2019. Our Denim Chess Team (Mr. Kundan Kumar Jha & Mr. Rajan Pandya)



were the Winners & on an Individual level Mr. Rajan Pandya was the runner up in this Tournament.

HEG Limited Mandideep, had organized Badminton Tournament from 23rd to 24th October 2019. Our Denim Badminton (Double Team – Mr. Pyare Lal & Mr. Narendra Dosi) participated in the tournament & were the Winners.

Customer Visit – Levis

A team comprising of Shri Shikin Bhardawaj, Shri Jignesh Bhavsar, Shri Ravi Kumar and Shri Ranjit Maity from Levis had visited our



plant on 4th November, 2019. They examined the manufacturing facilities at the unit and complimented the management and executives for maintaining high standards of quality and cleanliness and also appreciated the system of manufacturing of Denim Fabric.

Customer Visit

Mr. Sang Hyun Lee & Mr. Seong We Hong. - Daum.net visited our plant on 20th November, 2019. Shri Suketu Shah - Business Head



welcomed them and taken them through the Denim facility to get

them understand the entire denim process. The customers appreciated the facilities and products of the Denim. They were very impressed by seeing various new products and appreciated the working environment of the plant.

"Denimverse" Launching - PV Exhibition", London

LNJ Denim launched its Spring Summer 2021 collection "Denimverse" during the Denim PV show in London. The show was held on 3rd and 4th December 2019 and witnessed great footfall over 2



days. The collection comprised of 5 categories – Ecoverse (Sustainable line), Microverse (Technical line), Primavera (Best-sellers & Core), Formaverse (Dobbies & Structures) and Airoverse (Lightweights line).

Mandpam

One Day Picnic

Melange Staff Club organized a one day picnic for the staff to Udaipur, Rajasthan in two batches i.e. on 17th and 24th November, 2019. All the staff



members with their families enjoyed themselves during this beautiful and mesmerising trip. A delicious breakfast and lunch was also organized for all of them. Families were really happy and feeling refreshed with their loved ones during this day outing.

Free Health Checkup Camp

A Free Health Check-up Camp was conducted by RSWM, Mandpam unit on 26th December, 2019 for our



workers, staff and their families. Dr. Rohit Baser Sharma & Team Leader, from Sparsh Hospital, Bhilwara (Rajasthan) participated in the Health Check-up Camp. Maximum workers, staff members & their families have availed the said opportunity.

Lodha

Bhilwan Village Tour

On 8th of November 2019, Shri S K Mittal, Shri R K Dixit, Shri Aditya Sharma, Shri B K Singh, Shri J P Anand, Shri Vikram Singh, Shri Dilip Singh, Shri Kamlesh Singh, Shri Gajendra Singh, Ms Shayama Kunwar, Mrs Neeru and Trainers of RSWM Lodha unit visited village Bhilwan.



The team had a meeting with local Villagers and Sarpanch regarding the following agendas:

- Increased Attendance of workman.
- Increased Recruitment of male.
- Increased Female Recruitment.
- Rejoining of left workman
- Awareness of company facilities.

Rishabhdev

Blood Donation Camp

On 17th October, the birthday of Chairman Emeritus L.N. Jhunjhunwala, a blood donation camp was organized at Rishabhdev. A team from Saral Blood Bank, Udaipur conducted the camp. Total 50 employees donated blood for the



good cause. The COO along with senior officers were present in the camp to motivate the donors.

Staff Volleyball Tournament

The Staff Club, Rishabhdev organized a Volleyball tournament for employees from 16th to 23rd November, 2019. The final match was played on 4th December, 2019 with great sportsman spirit. Out



of the four teams participated in the tournament, Team - A won the final match. Shri K B Khatod, COO awarded Rolling trophy to the winning team and congratulated the participants for playing enthusiastically.

Chess & Carrom Tournament

The 3rd Group Level Tournament of Chess & Carrom was held at Rishabhdev unit on 11th & 12th October, 2019. There were total 69 players who participated in the championship. The players were from Kharigram, Lodha, BMD, Denim, Fabric, Mandpam, TPP, BSL, Kanyakheri, Ringas, ADHPL & HEG. HEG Power has won the Carrom



Team Championship and RSWM Kharigram was the Runner-up. The Carrom single event won by Shri Vijay Thapa and Shri Ravikant Chaurasia was the Runner-up, both from HEG Mandideep. TPP was the winner of Carrom Doubles event and HEG Power was the Runner-up.

The Chess championship won by Denim unit and Kharigram was the Runner-up. Shri Gaurav Saxena of Mandpam was the Champion for Chess single event and Shri Rajan Pandya from Denim was the Runner-up.

Ms. Neelam Lakhara, SDM, Rishabhdev was the Chief Guest and Shri K B Khatod, COO of the unit were present during the opening ceremony. Trophies and Meritorious Certificates were distributed to the Winners, Runners-up and consolation prizes to the participants.

Kharigram

Visit of various dignitaries

On 15th October, 2019, Mr Stefano and Mrs. Alessandra from M/s Martinelli, Italy visited our plant (unit no 1 to SJ-11) and appreciated our efforts with good remarks - "Excellent plant, good attention to quality. Very much impressed."

On 7th November, 2019, Ms. Helen Warburton from M/s Trutex Limited,



group happenings

United Kingdom visited our plant (SJ-11 plant and NPD) and commented "Very Interesting & helpful visit. Went through whole process in detail. Got all answers to my questions. Thanks a lot".

On 13th November, 2019, a delegation of various countries



from M/s IKIA visited our plant (SJ-11 plant, NPD). The delegates appreciated our quality and commitment to deliver the best of RSWM.

Mr. Karl Henderson & Mr. Bernard Nachtergaele from M/s Tessutica, Romania visited Kharigram plant on 12th December, 2019 (unit no 1 to SJ-11 and concluded at NPD). They



appreciated the technology, product range and housekeeping; with good remarks - "Congratulations on your well organised and very clean spinning mill. Very Impressive."

One Day Picnic

RSWM Staff Club-Kharigram organized One Day Picnic at



Chittorgarh Fort & Sanwariya Seth Temple in two phases on 24th November and 8th December 2019. All the staff members along with their families visited the Historical milestone of Rajasthan, Chittorgarh Fort thereafter put their worship at Sanwariya Seth Temple. During this picnic, there was an arrangement of High tea in morning hours and delicious lunch in the noon inside the fort area. Everyone was very happy with this "Grand Frolic Historical and Devout Tour".

RSWM

15th International TANBOOCEL Annual Exhibition & Fashion Show, China

An International Exhibition cum Fashion Show was held on



6th December, 2019 in China. On behalf of RSWM Ltd, Shri Sandeep Rohilla, DGM-NPD, Kharigram and Mr. Hariharan, Commercial Head, Mumbai office participated in this International TANBOOCEL Annual Conference & Exhibition. The top textile companies from China, US, Europe, Turkey, Iran, Japan, India, Korea, Pakistan, Indonesia etc. also participated in this conference.

RSWM showcased their new product range in the exhibition made with Bamboo Fiber and blends which was appreciated by all delegates. Mr Sandeep Rohilla presented the RSWM

Company profile in the conference and received the "Fashion Creativity Award" for innovation in the Bamboo products.

Ringas

Client's Visit

One of our prestigious Tier 1 customer representative Ms. Helen Arburton (Trutex Ltd. - United Kingdom) along with Tier 2 customer representative, Mr. Girish Purohit (Tusha Textile Pvt. Ltd.) visited our



plant on 6th November 2019. She was interested in knowing about how "Post-Consumer Pet Bottle could be used to manufacture PSF, Yarn and Cloth". She appreciated our systematic approach to traceability process practices on GRS and workers attitude.

Mr. Bernard N, the representative of our prestigious tier 1 customer (Tessutica - Belgium) visited the



unit. He was interested in knowing about our system certifications (ISO 9001:2015, ISO 14001:2015, OHSAS 18001:2007, EnMS5001: 2011), SA8000:2014 and Green Recycle Fibre (GRS Std.-IV) production and appreciated our preventive maintenance systems and cleanliness.

Seminar at Vedanta Girls College

A seminar based on Quality of Life, Ethics and values, National and International Economic scenario etc. was organized at Vedanta Girls College, Ringas on 23rd November, 2019. In this Seminar, Shri B.M. Sharma, Joint Managing Director of the company, was the Chief Guest. The students of Vedanta Girls College asked various questions



related to economy, marketing and about their own life during this seminar which were answered in detailed by Shri B.M. Sharma.

Shri Avinash Bhargava – Chief Operating Officer who coordinated this program had conveyed that God has given us three types of opportunities to contribute to the society i.e. Financially, Physically, intellectually & emotionally and as an educated citizen we can and should contribute for Women education and also for upliftment of Society.

Rooftop Solar Power Plant

On December 6th, 2019, in line with the values of the LNJ Bhilwara Group and its commitments to sustainability, RSWM-Ringas has commissioned a state-of-the-art 1.0 MW Rooftop Captive Solar Plant in its premises. The Solar plant is situated entirely within the company's premises and does not use any Government Infrastructure, thus avoiding any interference from



government agencies or adhoc charges being levied by state bodies. With over 25 years life of the solar plant, the landed cost of power through Solar Plant is well below the IEX, CoGen and Grid, through which yielding material cost savings started from day one.

Despite working at heights, sloping roofs and during monsoons, the entire project was executed without any safety incidence, thus maintaining RSWM-Ringas impeccable safety track record.

Maral

Volleyball Championship

An Interdepartmental Volleyball Championship "Maral Staff Volleyball Championship (MSVC) 2019 conducted at Maral Sarovar during



the first fortnight of December 2019. The finals of the championship was played on 18th December 2019 between the teams of Comm/HR/ Planning/Admin and Processing/ Knitting/CPDD/Fabric QA, in which Comm/HR/Planning/Admin defeated the opponent team in straight sets. Shri S.N. Goyal, President



of Maral Overseas Ltd. presented the trophies to the winner and runners' teams.

Cricket Championship

Maral Staff Cricket Championship (MSCC) 2019 was conducted at Maral Sarovar with great spirit of sportsmanship. Four departmental teams participated in the tournament and the final match of the championship played between the teams of Comm/HR/ Planning/Admin and Processing/ Knitting/CPDD/Fabric QA, in which Team Processing/Knitting/CPDD/ Fabric QA won the championship. The Man of the match was Mr. Govind Sen and Man of the Series was Mr. Animesh Golwalka.

BSL

IKEA Global Business Team Visit

The IKEA business team from IOS had visited our Weaving Unit-II & Processing Division, Unit-II on 12th December, 2019 to check our business standards. The team appreciated the BSL management and the team for maintaining good housekeeping and meeting all their standards. The unannounced annual I-WAY audit of IKEA has been conducted to verify IWAY Compliance.



HEG

Quality Circle Competition (Bhopal)

Karma, Pragati & Vidhyut teams participated in QCFI Madhya



Pradesh State Level Competition held at Bhopal on 12th October 2019. The teams presented their skills and case studies. They brought laurels to our plant by winning Gold award.

Session on Dust Collection System

Mr. D. Pandey from HR-L&D team presented a session on Dust Collection System on 1st November 2019. In this session people learnt about dust collection system and its



capability to improve air quality in industrial, commercial and production areas to make air safe and breathable by removing particulate matter from the air and environment.

Session on Basic Steel Making & EAF

Mr. T Nagarajan from HR-L&D team organized a session on basic steel making & electric arc furnace on 28th November 2019. The people learnt about the processes i.e. basic oxygen steel making (BOS) and electric arc furnaces (EAF), that account for most of the



steel production. BOS methods add recycled scrap steel to the molten iron in a converter. At high temperatures, oxygen is blown through the metal, which reduces the carbon content to 0 - 1.5 percent.

RSWM

“Man Ki Shakti” Training Program

This motivational workshop was conducted by Shri Pankaj Shukla (Being Capable Organization,



Nagpur) for Khata Checkers of Mayur, LNJ Denim & Banswara



unit. The six hour training program elaborated on man's capability to achieve the four aspects i.e. health, knowledge, money & characteristic in life.

Mandpam

Fire & Safety Training Program

Shri Anil Kumar (Executive – Fire & Safety) conducted a training programme on Fire & Safety at Mandpam Unit. The objective was to clarify the role of industrial safety and it's importance in day to day working.



Awareness Session

On 23rd December 2019 “Sangam School of Excellence, Bhilwara”



organized an awareness session on the school infrastructure & education pattern. Parents and other dignitaries found this session beneficial.

BSL

Hazards Identification & Risk Assessment Training

A Specialized Training Program on “Hazards Identification & Risk Assessment” was organised for workmen related to work place activities including machine operation and its preventive



maintenance. Workmen from Spinning, Weaving and Processing Divisions took part in this program.

HIV and AIDS Awareness Training

Dr. Mustak Khan (CMO) and his team conducted HIV and AIDS awareness program through live presentations & videos on - HIV transmission to others and actions to be taken to reduce the transmission of HIV by promoting prevention strategies and to ensure that people with HIV can live normally and participate fully in community life, free from stigma and discrimination.

ADHPL

TB Mukht Abhiyan Awareness Camp

The Govt. of India, National Health Mission, organised tuberculosis



awareness and training programme "TB Mukht Bharat Abhiyan" for employees, workers and their family members. The Block Medical Officer, Nagar and Medical Officer Jagatsukh Dispensary provided valuable information about the disease.

Tier II Mock Drill

A Tier-II mock drill was conducted involving Government organizations & local panchayat on the scenario of forecast by weather agencies for heavy rain between 25th - 28th December 2019 in Beas basin that



would result in floods in Duhangan stream on 27th December. The employees were put on high alert and roads were shut for vehicles for fear of landslides. The road management and rescue teams from Fire services, Manali proceeded for carrying out the rescue operations.

MPCL

Mock Drill on Earthquake Rescue

A mock drill on earthquake emergency, rescue operation at



power house & residential colony was carried out by experts of Himachal Home Guards under the supervision of company commander.

Maral

Chemical Safety Training

To improve the Safety Skills of Employees, training session on Chemical Safety Management was organized by Momentum India Pvt. Ltd. A large number of employees



from Dyeing, ETP and WTP sections attended the program. Advanced techniques of Chemical Storage, Handling and Use of PPEs was explained to the employees through presentation and videos.

Workshop on "Behaviour Based Safety"

A workshop was organized by Safety Consultants M/s Momentum India Pvt. Ltd. on Behaviour Based Safety program



which is designed to influence employee actions toward safer outcomes by preventing an accident or injury.

Rishabhdev

Sexual Harassment Awareness Programme

A session on Sexual Harassment was held at Rishabhdev unit by Dr. Ashok Soni, to educate the female staff about precautions that they have to take for their safety while at work place.

Kharigram

"Quality Complaints & It's Control Measures" Training

A training programme was organised at Kharigram on 18th October 2019.



Shri P.N. Jha, DGM-Post Spinning, presented this session on various types of Quality Complaints, their financial impacts and remedies, followed by a session of open discussions.

Brain Storming Session on Energy Conservation

A Brain Storming Session was conducted by Shri Sunil Kumar Gupta, GM-Engineering on 18th November,



2019 at Kharigram unit. Various applications to save energy were discussed. Engineering, Maintenance and Production departments participated in this session and came-up with different ideas for energy conservation.

Training on "Accident- Cause, Effect & Prevention"

Shri Dileep Chourasia, Safety Officer from HR department conducted training cum awareness programme on Accident - Cause, Effect & Prevention



on 27th December, 2019. The officers of Engineering, Maintenance, Security, Commercial and Production departments attended this programme.



Diwali Festival

Deepavali was celebrated in various office premises of LNJ Bhilwara Group with much gaiety and bliss. In the Head Office, Smt. Rita Jhunjunwala in her melodic voice sang Sree Ramanama Sankeertanam and Smt & Shri L.N. Jhunjunwala, Shri Ravi Jhunjunwala, Smt & Shri Shekhar Agarwal, Shri Riju Jhunjunwala, Smt & Shri Shantanu Agarwal and all the staff prayed for good fortune, health & success. The sweets were distributed to all after hawan and pujaan and small get-together was also organised for Bhilwara employees with light refreshments. The office premises were decorated with beautiful flowers, earthen lamps, lightings and rangolis which makes the atmosphere even more happening and everybody enjoyed this amusing evening a lot and wished each other for good luck and prosperity.

A gala Deepavali Sneh Milan was celebrated by Mayur, LNJ Denim & TPP staff club at LNJ Nagar Gamdi colony. Members enjoyed the Orchestra Presentation by professionals. Laxmi pooja was also performed in other offices - BIL, TPP, Lodha, Ringas, Mandpam, Rishabhdev, Mumbai, Fabric & Denim Divisions. The tune of folk songs and other melodious songs were the highlights for Kharigram. In ADHPL, the celebrations were eco-friendly and no fireworks/crackers were used. To add the festive moods, the offices were decked up with bright and colourful lights, diyas, rangoli and lanterns. The staff members had attended the celebrations with their families and sweets were also distributed.



ADHPL



Kharigram



Lodha



BIL



LNJ Denim



Rishabhdev



Mandpam



Mordi



Ringas



Mumbai



TPP



Fabric division

Navratri

The festival was celebrated with high enthusiasm and joy in the presence of all staff and their family members at Mordì, TPP, Ringas, Mandpam, Rishabhdev, Kharigram, Mumbai. The festival started with Navratra Sthapna by placing the deity of Maa Durga. Nine divine days illuminate their life forever with nine blessings: Name, Fame, Health, Wealth, Happiness, Humanity, Knowledge, Devotion and Power.

During this period, couples sat to offer their prayer in the morning with chanting eternal mantras and evenings were lively with all staff members and families. Colourful Garba dance were also performed and was the main attraction. The celebration ended with the immersion of Goddess Durga making way for yet another fascinating festival called Dussehra. Prasad was served to all present during the function.



Mandpam



Rishabhdev



TPP



Mumbai



Ringas



Mordì



Kharigram

Dussehra

The festival was celebrated at Rishabhdev, Kharigram, and Lodha. RSWM Staff Club organised the festival at Lodha Campus with Ram ki Jhanki with Vanar Sena and 40 ft Ravandahan. Food stalls and fun games were organised by the Ladies Club and staff including members of Fabric, Denim and TPP. Pooja was organised with sky high fire crackers. In Kharigram unit, the festival was followed by Tilak, pooja and Arti of Maryada Purushottam Shri Ram, Laxman, Sugreev and Hanuman. All enjoyed the burning of effigy of demon king Ravan amid loud noise of crackers and lights.

Our Schools

where learning
and joy come together

VKV Hurda

SWACHH ABHIYAAN



Swachh Bharat
Swachh Bharat Abhiyaan
was held from 2nd to 7th October, 2019.

Students from class V to XII participated to create awareness about its benefits. Classrooms and the surroundings were cleaned, teachers delivered speeches during the assembly, and students held a rally within the School Campus for Swacchata Abhiyaan. Students took oath of keeping the school, home, locality and city clean on the last day of the Abhiyaan.



VKV Rishabhdev

ISRO EDUCATIONAL TOUR, SRIHARIKOTA

To educate and tap the potential of young minds, an educational trip to ISRO, (Sriharikota, Andhra Pradesh) Satish Dhawan Space Centre, SHAR, was organised for the students of classes VI to X. It was a 5 days programme, from 7th to 11th October, 2019. The students visited Space Museum Launching Pad I & II and Mission Control Room. The special

arrangements were made by ISRO for live launching of an experimental rocket for finding atmospheric changes. It is an unforgettable moment of their life. The students also submitted a project report on the same.



PAINTING COMPETITION

Students from various schools of Rajasthan participated in the State Level Painting Competition organized by Power Grid Corporation of India Ltd.

Students creatively depicted their ideas on "Save Energy" theme brilliantly. Four students of our school participated in it.

Three students from Class VII - Khushi Jain, Rohit Choudhary and Tanishq Biswas bagged consolation prizes.



ENGLISH OLYMPIAD COMPETITION

The English Olympiad competition was held on 15th October, 2019 and 130 students participated in this.

Six students were awarded Gold Medals, four Silver Medals and four Bronze Medals.



NO PLASTIC CAMPAIGN

On the occasion of Gandhi & Shastri Jayanti a special assembly was held for the students of Vashishtha House where they presented various programs.

A rally was also organized in Rishabhdev town to create awareness to avoid the use of plastic. Students performed a skit, at the bus stand, showcasing ill effects of using plastic and suggested remedies and its alternatives. Slogans were raised to save our environment from plastic. Students also took Oath to save the environment by not using plastic. The programme ended with a nature care note and plantation drive by the students of Nature Club and Eco Club.



Graphite

2ND INTERNATIONAL SPORTS & GAMES 2019

Indian Sports Federation organized II International Karate 2019 on 23rd and 24th November 2019 at Assonora Sports Complex,

Mapusa (Goa). Pradeep Kumar Naik of class VIII participated in the category of under-55 kg event Kumite. He represented India in Karate and bagged 2nd prize and brought laurels to the school. He was felicitated with a medal and a certificate.

SGFI: KHO-KHO DIVISIONAL TOURNAMENT

A Divisional Kho-Kho Tournament was held at Ganjbasoda. Five division level teams of Bhopal took part in the tournament. Under-14 girls' team won the first prize and under-14 boys' team won the second prize.



Divisional Kho-Kho tournament was held at Saharanpur on 3rd October 2019. The Under-19 girls bagged 1st prize and boys won 3rd prize and Under-17 boys won 2nd prize in the tournament.

VVV Maral

ART INTEGRATED LEARNING AND NLP TRAINING WORKSHOP



A three day workshop was organized at Vivekanand Vidya Vihar, Maral Sarovar for the teachers of LNJ Group Schools between 20th to 22nd December 2019 towards learning

and enhancement of teaching pedagogy and quality. On Day 1 - The Neuro Linguistic Programming based capacity building workshop was an eye opener to the teachers for knowing their strengths and weaknesses through outbound sessions. Teachers experienced multiple learning styles such as Visual, Auditory & Kinesthetics. On day 2 - the teachers learnt various art forms and their implementation. On day 3 - the teachers presented model lessons integrating these art forms on various classroom concepts and analysed the effectiveness.



NSSC KARATE COMPETITION

Our School girls won three Gold and one Bronze Medals out of the four different weight categories and also won the overall champion's trophy of the tournament. This successful achievement has brought pride to the school.

STATE LEVEL BALL BADMINTON TOURNAMENT



This event was held in Bhopal from 20th September to 2nd October, 2019. Students participated in the category of Under 19 boys and girls, Under-17 girls, Under-14 boys and girls. Under-17 girl's bagged 2nd prize and Under-14 boys' and girl's got 1st prize in the tournament. A great achievement for the students as well as School.

NATIONAL AND STATE LEVEL CHESS TOURNAMENT

CBSE National Chess Cluster: This was held from 9th to 14th November 2019 at Surat, Gujarat. Four students participated in the team of First Mini Game. Our students played well and made an average score of 21/2 in 6 rounds. Students



interacted with the FIDE players and learnt the skills of the game.



63rd State Level Chess: Organized by SGFI at Datia, MP from 28th October to 2nd November 2019.

Vicky Malviya (scored 4 out of 6 points) and Saksham Jain (scored 3 out of 6 points) both from class XI, Graphite School, performed brilliantly. It was a proud moment for the school chess coach Shri Vivek Sharma.

STATE LEVEL DRAWING COMPETITION

Ms. Jaivika Kushvah of class VI secured 5th position in State and got a consolation prize of Rs 7500/- from the Governor of Madhya Pradesh, she also got a cash prize of Rs 2000/- for division level selection in Energy Conservation painting competition. A total of 11,85,000 students from 79,250 Schools of MP participated in this competition. Anurag Patidar of class IX received a cash prize of Rs 2000/- for winning the position at division level and selection for state level competition.



STATE LEVEL BADMINTON COMPETITION

A great achievement for our badminton players - Sanjeevni Dhere and Aman Mishra. They both stood winners at 65th SGFI Badminton Tournament. They were appreciated and encouraged by the School principal and staff to play for a National Level competition.



celebrations & festivals

New year

New year was celebrated with the staff and their family members in various offices of Bhilwara Group. LNJ Denim, Mayur and TPP units collectively organised the celebration where COO extended their warmest greetings to all the employees & given a phenomenal & inspirational message on the topic of "Aashayein -2020". At Mandpam, the event was organized by the Melange Staff club and it began with dinner followed by cultural events. Best wishes were conveyed by the COO and they also wished the contribution of staff members in the areas of business growth and well being of the staff members. In Kharigram, special performances, skits and funny dances were performed. In Ringas, RSWM Spinning and RPSF Unit collectively organised the event. Group dance, drama, couple dance, mimicry etc were performed. Families enjoyed and greeted each other for a happy and prosperous new year. The staff club Lodha celebrated the event at Mayur Mill Campus. The new year 2020 gala celebration with delicious food was organised at Kharigram. Skits and funny dances were a part of this celebration.



Banswara



Kharigram



Mandpam



Ringas



LNJ Denim

RSWM

Ethnic Dress Group Photography

India is one of the most religiously and ethnically diverse nations in the world, Unity in Diversity concept

in India gives everyone a strong message that nothing is without unity & living together. On the occasion of Chhoti Diwali - Mayur,

LNJ Denim & TPP staff members participated by wearing ethnic dresses for photography session. The event looked like a mini India on one platform.



HEG

First Cleaning Day

To make autonomous maintenance more effective, it is decided to celebrate cleaning day on 2nd and 4th Thursday of every month. The First Cleaning Day was celebrated on 26th December 2019. The COO along with the team reviewed the progress of autonomous maintenance at the shop floor.



TPP

Bhairon Baba Poojan

In Indian mythology each place has a God which we call "Sthan Devta; The god of place". In TPP, a small



pious place is called "Bhairon Baba" temple. Every Saturday all senior persons gather there to pay morning prayers to the lord of place besides

daily Pooja. On 9th and 10th November 2019, two days Pooja was performed. The Ratri Jagran started with Pooja on the 9th evening and was concluded on the 10th November, 2019 at 1 pm with purnahuti. All the staff members, senior officers of group units, Families, Associates, Workers benefited of spirituality.

Mandpam

Christmas Day

On the Christmas Eve, a party was organized & coordinated by the Melange Staff Club, which was enjoyed by all staff colony residents. The Santa Claus distributed toffees & cake to the children inside the premises.



Rishabhdev

Gandhi Jayanti

On 2nd October, 2019 a procession was organized at Rishabhdev town by the Staff Club jointly with the students and teachers of VKV School to bring awareness among the public on Single Use Plastic which is harmful for our environment.

BIL

International Men's Day

For the first time, BIL celebrated International Men's Day on 19th November by dedicating it to all the male staff in office. The BIL club had put up notes with photos of each

employee and their best qualities mentioned in it. The men were asked to gather and share their life experiences. The day ended with celebrations & gift distributions to all the male employees.



Rishabhdev

Annual Day

On 31st December, 2019, annual day was celebrated in joyous and cheerful manner. The delicious dinner and the variety of



programmes like group dance of ladies & children, play by children & gents and many other programmes presented by the family members of the unit made the eve marvellous. The programme ended with prize distribution to the merit holders and selection of key executives of Staff Club for the year 2020-21.

HEG

"Sewa Month" for Apna Ghar

Shri Manish Gulati (COO) encouraged all the HEG Executives and Staff members to visit Apna Ghar along with their friends and families in the month of December and contributed helpful resources by various means in the Ashram for old and destitute people. The HEG employees join hands together for this Noble cause and Social responsibility towards Apna Ghar (Ashram).

Apna Ghar is a shelter home for the homeless and destitute with a 50-bed setup which was established with the support of HEG Limited. With proper health facilities the children are kept with



sensitivity. We have received Dr. Bhardwaj's co-operation in fulfilling the concept of this Ashram, who established more than 30 ashrams in the entire country.

ADHPL

Assistance to Govt. Sr. Secondary School

Various CSR activities were done during the quarter October to December 2019. ADHPL donated one computer with accessories to Govt. Sr. Secondary School Soyal, Kullu and one computer and printer with accessories to the Samphia Foundation Kullu to carry out their routine work. The Samphia Foundation is providing education to the differently



abled children. In addition, ADHPL also donated one computer with accessories, 4 green boards and one almirah to Govt. Sr. Secondary School Jagatsukh, Manali.

Benches Donated to Govt. School

The Govt. Primary School Kalath, Manali was located on the left bank



of the Beas River that got partly washed away along with school furniture in the floods. Now the school has been relocated to another building. ADHPL assisted Govt. Primary School Kalath, Manali on 20th November 2019 by donating double seater 15 benches

MPCL

Sponsored Autism Intervention Training Program

MPCL under its Corporate Social Responsibility activities sponsored Occupational Therapist, Ms. Shruti More who undertook an intensive Autism Intervention Training Program at Ummeed Child Development Center, Mumbai to upgrade her skills. Autism Spectrum Disorder is a complex neurobehavioral condition that includes impairment in social interaction, developmental language and communications combined with rigid and repetitive behaviours.

Ms. Shruti More (OT) has successfully completed the training and received the certification of

completion for Autism Training 2018-2019. She is working at Aash Child Development Center, an NGO working towards inclusion of children



with diverse abilities in Kullu. Shruti is now able to apply the learning's from the training to the 94 children that the Centre has catered to with therapy intervention so far. She has also conducted hands on workshops for parents, therapist and teachers to share her skills and contribute towards Autism awareness, acceptances and advocacy.

BIL

Donation to Govt. Primary School, Faridabad

Bhilwara Infotechnology Limited under its CSR initiatives have donated 100 Chairs & Tables, Sweaters, Shoes & Socks, White Boards, Black Boards, Water Dispenser and Water Cooler to the Govt. Primary School, Khori Lakkarpur, Faridabad.

The students were really happy & full of gratitude. They thanked BIL team



for providing them all the necessary items through which their learning experience would become more convenient and can achieve greater heights.

Blood Donation Camps

In association with Ramsnehi Hospital and Arihant Hospital, a blood donation camp was held on Wednesday 04.09.2019 at BSL Limited, Mandpam in which 225 units of blood was collected.



On the birth anniversary of Syt. LNJ Babu a blood donation camp was organised at Lodha, Banswara. The M.G. Hospital Staff facilitated the entire Camp with a team of Sr. Doctors. Blood was donated by staff as well as workers & contractors for a social cause.



A blood donation camp was also organised in the Staff Club, Kharigram on 17th October 2019. Shri Manoj Sharma, CHRO and Shri V R Joshi, COO inaugurated the camp & welcomed the Doctors



& Medical Team from Ramsnehi Hospital & Research Centre, Bhilwara and Mahatma Gandhi Hospital, Bhilwara respectively.



The cooperation of all staff members was commendable in making this a success.

Tree Plantation & Construction of Toilet in JTI Campus, Ajmer

During the visit of Shri Riju Jhunjunwala, MD, RSWM Ltd. to Ajmer, tree plantation was done



on large scale in and around the campus of Jail Training Institute, Ajmer. Trees along with Tree Guards were placed on road adjoining JIT campus. Those who were present on this occasion were; Shri Paras Kumar Principal of Institute and Shri Narender Singh, Jailor of Central Jail, Ajmer. Hundreds of Trainees were enthusiastic to see young industrialist among themselves. On demand of jail administration Shri Riju Jhunjunwala had

sanctioned for construction of 10 seater toilet complex required in campus under our CSR initiative.

Blankets Distribution to Poor and Needy

Under the CSR initiative of our Group's Jawahar Foundation in collaboration with local NGO, distributed 800 blankets and sweaters to poor and needy in five locations of Ajmer city. Under the guidance & leadership of Ajmer city DCC, Shri Vijay Jain in Kalyanpura ward of Ajmer south assembly, 351 blankets were



distributed. Among those present were; Ward Councilor Shri Kailash Komal and Ms Kirti Hada, Shri Rajender Goyal President PJCS, Ms Saba Khan, Shri Shiv Bansal and Rajnish Kumar OSD, LNJ Bhilwara Group. During distribution in Ajmer's North assembly, 302 blankets were distributed in Ater Ki Bagichi under the headship of Smt Naseem Akhtar, Former Education Minister. All those who have received blankets were praising for Group aegis Jawahar Foundation.



Wheelchair & Sewing Machine Distribution, Bhilwara

On the occasion of World Disability Day, a grand function was organized at town hall in Bhilwara. Women and men from disabled category along with widows were called upon and 51 sewing machines, 21 tricycles for disabled and 15 wheel chairs distributed to senior citizens. On this



social welfare day some of the key persons present were; Shri Rampal Sharma DCC, President, Smt Manju Pokharna, Former Chairperson Nagar Parisad, Shri Rajnish Kumar OSD, LNJ Bhilwara Group and



organizer Shri BheruTak. The NGO, Viklang Helpline Sansthan and Social Justice Govt. Dept. of Rajasthan had jointly organized the event. Hundreds of families were benefited with this social endeavor.

Launch of Jawahar Foundation & Five Skill Centres, Ajmer

On 19th November, 2019, Jawahar Foundation was founded & launched by Shri Riju Jhunjunwala,



MD RSWM Ltd. at Ajmer in a private ceremony attended by large scale of senior residents of Ajmer city. On this occasion, the guests present were - Shri Vijay Jain, DCC President, Shri Gopal Behati, Ex-MLA, Shri Mahender Singh Ralawata, PCC Member, Smt Naseem Akhtar Ex-MLA and other dignitaries.

Also there was inauguration of five skill centers at different locations of other assembly's of Ajmer. Jawahar Foundation aims to provide training to women in cutting and tailoring job work and make them well-trained and self reliant by setting Self Help

Groups (SHG). Thousands of women will be empowered to work on their own through these programs.

State Hockey Tournament, Ajmer

A State Level Hockey Tournament was organized at Chandra Vardai Stadium in Ajmer. Teams from all over Rajasthan participated in this State Tournament. This is the first time where Ajmer witnessed Day and Night Tournament by using flood lights during the matches. Those who were present to witnessed exciting matches were; Shri Devender Singh Shekhawat, President Hockey Association (Ajmer) and Shri Rajnish Kumar OSD, LNJ Bhilwara Group. The Ajmer stadium will soon get permanent lights so that more day and night events could take place.



A smiling you

An empress with no children decided to hold a competition to determine who would succeed her when she died. She summoned all the children in the city to her palace and gave each one a seed. "Plant this seed, care for it, and in one year bring back the flower that grows from it. Whoever brings me the most beautiful flower will be the next empress."

One young girl planted her seed in a pot and watered it every day, but nothing grew. At the end of the year she was devastated, but on the day set for inspection of the flowers she picked up her pot and carried it to the palace.

All the other children brought colorful, vibrant flowers, but the empress only glanced at them. She walked straight to the young girl and smiled. "All the seeds I gave you had

been boiled and were dead. Only you were honest enough to bring back the original seed I gave you. You will be a just and wise empress."

Moral: Tell the truth, even when it seems easier not to.



Healthy lifestyle

Ways to Relax and Calm Your Mind to enjoy and notice the beauty of life.

Do you want to feel better about life and yourself? Learn to relax: enjoy moments of peace, compassion, surround yourself with trusted friends, sing and dance under a tree. Life is meant to be lived and loved.

- **Discover the value of compassion**

Compassion is a kind act of acceptance and understanding. Offer yourself compassion and feel satisfied with who you are at this precise moment. Leave behind any feelings of inferiority, being too self-conscious, trusting others more than you trust yourself, self judgment or blame. Compassion allows you to relax, enjoy a moment of peace and then, accept things you can't change but be resilient at the same time.

- **Take a walk**

Walking relieves stress, makes you feel calm, content and is one of the best ways to relax your mind.

- **Call a friend and entertain each other**

Rediscover the value and pleasure of human connection, feel more relaxed, safer, loved and accepted.

- **Cook something new**

Cooking helps you to alleviate tension and makes you feel more positive. Cooking something new can be the instant recipe for a calm mind and if you can share it with someone you love, double the effect.

- **Hug a tree or gardening**

We have a deep connection to nature which is one of the most effective remedies to all sorts of problems we might have - from physical pains to emotional ones.

- **Dance**

When you feel stressed, uninspired, sad, or (even) overwhelmed, Stand Up, put the music on and dance. The motion range of dancing is forcing (gently) all your brain areas to talk to each other, and the result is feeling peaceful and relaxed

- **Make a coloured drawing**

Colours influence your mood and sense of well-being. Colours bring more a moment of peace and relaxation

- **Play with your pet**

You will be amazed by how much closer you feel to your pet after you make play a regular part of your life. You will look forward to spending time with your pet. Our mental and physical health also improves at the same rate as your pets. Provoking your pets to a bit naughty and then, humanize their reactions, laughing and giggling together. This will help you to relax and calm your mind.

- **Singing**

Singing is, like dancing, an activity that improves the biochemistry of your brain releasing endorphins. You feel good, relaxed and more creative after singing.



Maral

Won National Safety Award

Maral Overseas Ltd, Maral Sarovar won the prestigious National Safety Award for performance year 2017



in two categories (i) Minimum average accident frequency rate (Winner) and (ii) Accident free year (Runner-up). Mr Rajkumar Gite, Sr. General Manager (HR & Admin) received these awards on behalf of the Company from Shri Santosh Gangwar, Hon'ble Minister of State for Labour and Employment, Government of India at a function organized at Vigyan Bhavan, New Delhi. National Safety Awards are being awarded by Ministry of Labour & Employment, Govt. of India every year. Maral Overseas Ltd received this award for three consecutive years.

Kharigram

Gold Award at National Level-Quality Circle

The Quality Circle team of Kharigram Unit "Uday" participated in National Convention on Quality Concept (NCQC- 2019), held at Varanasi by QCFI India. The team presented their case on "Hard waste reduction in post spinning" and won par excellence. The team



members were - Vinod Purohit (CTS Cell), Ambuj Saxena (Training) Shakti Singh and Rampal Mewara (Post Spinning). The Management congratulates the team for their efforts and consistency in terms of operational excellence.

Best Employer Award

It's a matter of pride that RSWM Ltd Kharigram unit won "Outstanding Performance in Labour Welfare Initiative Award-2018" at Best Employer-2018 Award Function



on 15th November 2019 at Brij Convention Center, Hotel Clarks Amer, Jaipur. This Award was given in the Large Scale industries category by The Employer's Association of Rajasthan and it was given by Union Cabinet & Heavy Industry Minister Mr Parsadi Lal Meena. Shri Manoj Sharma, CHRO received this award on behalf of RSWM Limited.

Engineering Project Showcase 2019

Shri Manoj Sharma, CHRO was invited by The Bennett University, The Times of India group at Greater Noida on 11th November, 2019 as a judge to evaluate the projects made by the Students.

It was great interacting with the young students, had an opportunity to understand their imaginations and dreams which they created in the shape of projects. Thanks to all the students who participated as Innovative team members and their mentors to motivate, support and



guide them. On this occasion, the Management of Bennett University presented a memento to CHRO and expressed sincere thanks.



How to Make Your Home More Energy Efficient

- Change light bulbs to LEDs.
- Wash your clothes in cold water.
- Use microwave instead of stove when cooking.
- Use natural light whenever possible.
- Don't leave computer on all day long.
- Set your refrigerator temperature to the manufacturer's recommendation.
- Don't leave bathroom or kitchen ventilation fans running longer than necessary.
- Adjust the thermostat only to the desired temperature. Your home won't heat or cool faster by cranking it up.
- Turn off the lights when they're not in use.
- Don't leave your mobile phone plugged in overnight.
- Turn off the oven a few minutes before cooking time runs out. Your food will continue to cook without using the extra electricity.

MPCL

Bid Adieu - Shri Rajinder Pal Goel

Mr. Rajinder Pal Goel, Director of Malana Power Company Limited & AD Hydro Power Limited resigned from the Board of both the companies w.e.f. 29th November 2019. He expressed his gratitude to the Group Chairman for giving the opportunity and assistance to discharge his duties during his



tenure as Director of the Company. Mr. Goel was associated with the company since 1998 and was involved in construction & operation of Malana 86 MW HEP and Allain Duhangan 192 MW HEP. MPCL & ADHPL Board placed its sincere appreciation for the valuable contribution of Mr. Rajinder Pal Goel, as Director of both the companies.

Fabric Division

Retirement of Shri Satish Chand

Shri Satish Chand Jain retired on December 31st, 2019, after serving as



DGM (Mayur Marketing – Domestic) for thirty eight year and Shri Shitla Prasad Pandey (Packing Incharge – Shirting) retired on the same day after eleven years of service. Their farewell was attended by Shri Suketu Shah (Business Head – Fabric Business), Shri Bikash Ghosh (COO-Fabric Division), Shri Piyush Chandrana (COO-Denim Division) and Shri M K Jha (GM – HR/IR), who spoke about their loyalty, hard work and contribution to the growth of the organisation. HODs and staff members expressed best wishes for their good health and work towards social activities after their retirement.

Maral

Joining of Shri S.N. Goyal

Shri S.N. Goyal, C.A. Batch of 1983 has taken charge of Maral Overseas Limited and Maral Sarovar as President w.e.f. 9th December 2019. Shri Goyal, who possesses 37 years of vast experience and knowledge in textile industry, has been working with LNJ Bhilwara Group since 1985. Prior to this assignment, he was heading Group's technical textiles business under the banner M/s. BMD Pvt. Ltd, since its inception.



We welcome Shri S.N. Goyal to Maral fraternity and wish all the success in his new responsibility.

A healthy you



Indian gooseberry **Amla**

Benefits of having Amla on daily basis

- Slows Down Aging
- Cures A Sore Throat
- Fights Against Heart Disease
- Increases Diuretic Activity
- Increases Metabolic Activity
- Reduces Blood Sugar
- High In Digestive Fiber
- Boosts Immunity
- Prevents Formation Of Gall Bladder Stones
- Prevents Ulcers
- Is Anti-Inflammatory
- Improves Eyesight
- Purifies Blood
- Strengthens Bones
- Cools The Body
- Prevents Constipation
- Prevents Jaundice
- Reduces The Risk Of Cancer
- Protects Your Liver
- Makes Skin Glow
- Brightens Skin
- Reduces Pigmentation
- Prevents Lice
- Prevents Greying Of Hair
- Helps Increase Hair Growth

When in Sri Lanka, you can't miss on anything that this island has in store for you. You can visit **the oldest ruins or the UNESCO World Heritage sites**. Sigiriya, also referred to by some as the eighth wonder of the world, is a place of extreme historical and cultural significance, and it has to be a part of your itinerary. The Land of Ravana is sure to bear traces of the epic era and those that have been discovered are now a part of **the innumerable National Museums** that have a different tale to tell.

The stunning beaches, the Yala National park, the Pinnewala Elephant Orphanage are just a glimpse of Nature that is waiting to be explored. The **blue whales can be sighted** almost all day long at this place. The beaches offer enormous scope for water sports.



Wild

The top five biodiversity hotspots in the world. Elephants, sloth bear, leopards, sambar and wild buffaloes engages the majority of the attention of wildlife enthusiast



Thrills

Sri Lanka offers adventures from the top of the mountains to the depths of the oceans. Snorkelling, scuba diving and surfing are the most popular beach sports in the country. Today the oceans are filled with coral gardens, multitude of exotic fishes and ancient wrecks. You will experience one of the best diving experiences in the world.



Bliss

Sri Lanka continues to charm their visitors, capturing their imagination with sights, sounds and flavours. Cuisines are a hidden treat to many while Ayurveda and meditation continues to heal the body & mind.



Essence



Filled with aromatic spices and vibrant colour, Sri Lankan food leaves you feeling happy, warm and content. The cuisine offers a variety of item such as indi appa (string hoppers), appa (hoppers), pittu and roti that pair amazingly well with different curries and sambols.

Tea Board of Sri Lanka is responsible for operating this tea museum. The

museum has been established after the conversion of an ancient tea factory in to museum. Special trips for all tea lovers and aspiring tea connoisseurs, who would love to see the process of making tea – from growing tea plants, harvesting them and processing them to preparing tea. This place is a heaven for you.



Festive

Sri Lanka is never short of festivals and celebrations. Every month brings a celebration either religious or cultural importance, making Sri Lanka one of the countries with highest number of celebrations and holidays.

Scenic

Despite being a relatively small island, Sri Lanka is endowed with a diverse collection of landscapes, climates and natural features. Beaches have been enticing visitors for many years. Windsurfing, kayaking, yachting, water skiing. Scuba diving etc are other sports activities.



Heritage

The most famed and most exquisite is the Kingdom of Anuradhapura. Sri Lanka's third and the longest serving capital and one of the oldest continuously inhabited cities in the world is also one of the most sacred cities of World Buddhists. Sigiriya, a fifth century AD fortress and a water garden displays some of the most futuristic elements of landscaping and some of the oldest murals recorded in the country. Dambulla Cave Temple or the Golden Temple is a worldwide heritage site.



Temple would spread over five different caves, which contain paintings and statues depicting the life of Lord Buddha. The temple of the sacred tooth relic attracts tourists from around the world – the tooth of the Buddha. The temple is highly guarded and is open for tourists and visitors. The tooth is conserved in an encasing that resembles a stupa, placed inside a series of similar diminishing encasements

Adams Peak

With an altitude of over 2,200 meters, Adam's Peak in Sabaragamuwa holds religious significance to all the important religions followed in Sri Lanka. With a confluence of diverse religions, it is the place that attracts pilgrimage from people in Sri Lanka. It also stands out for its scenic beauty and magnificent views of the countryside of the country, making it a must-visit place for all tourists. It is also known as Sri Pada or the Butterfly Mountain



Sigiriya

One of the most dramatic and iconic locations you will ever stumble upon in Sri Lanka is Sigiriya – which literally translates to lion rock in Sinhalese. Standing tall amidst lush green landscapes with mysterious caves and water bodies, the UNESCO World Heritage Site is the ruins of the kingdom of King Kashyapa, who ruled around AD 477.

Whale Watching Sri Lanka

If spotting dolphins and coral reefs seem to clichéd, try spotting the gigantic blue whales when in Sri Lanka. It is one of the most amazing experiences and is highly recommended for all tourists. It is the only time what you see in movies actually comes true to life



Casinos

One of the best things to do in Colombo is to make money in casinos and losing them in the same. The fun you will have and the moments of tension and desperation that fills the air temporarily is worth to be cherished for a lifetime. Colombo is full of casinos, where you can win or lose cash on a range of games like blackjack, roulette, slot machines and more.

Handcrafted Masks

The perfect place to pick handcrafted masks. Probably, this is also the least expensive places to bag a few masks for your people back home. From elephant to demon masks, the vibrant pieces will make sure your friends and relatives are delighted and believe you actually went to Sri Lanka.



How to reach:

By Air

The simplest and most efficient way to reach Sri Lanka is by flight. You'll most likely land at Bandaranaike International Airport in Colombo.

By Sea

If you're looking to make the journey via the waves, you can book a ticket from Mumbai to Sri Lanka. During the monsoon seasons, the water can be turbulent

Visit the official website

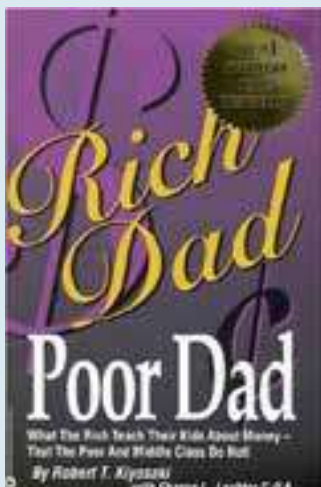
www.srilanka.travel

Sri Lanka Tourism Head Office

+94 112426900, +94 112 440001 / 2426984

DIAL 1912 from any phone within Sri Lanka to access tourism information

Good read



Rich Dad, Poor Dad

by

Robert T. Kiyosaki,

Rich Dad Poor Dad is written in the style of a set of parables, ostensibly based on Kiyosaki's life.

This little book has changed the lives of many people and their perspective on money, who are in misery, not knowing how to make ends meet due to lack of financial education. The contents of this book, tells the story of a young man, who is the author himself, being brought up by his natural father the conventional way of getting a job, saving every penny, working hard and climbing the corporate ladder. At the same time, he also had a "second father" who taught him a different way to view things and how to start from scratch and build his business into an empire.

The main point of this book is to educate yourself on personal finance, which is to learn how to become financially independent by making money work hard for you and not you working hard to earn every single penny. It teaches you that you do not have to be a slave to money and to turn the situation to your advantage. There is no need for you to work for another person if you do not want to, in order to fulfil what you want in life. You are in control of your situation and you no longer need to take orders from anyone. You decide how much work you need. You are your own boss

Learn to think like a rich dad and let your money work for you!